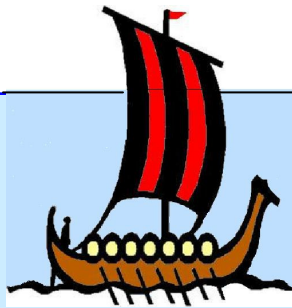


# Valhall



# Viking

December 2008

Phone: 619/469-9779

Number 10

1912—2008



**VALHALL  
LODGE**

Meetings at 7:30 pm  
first Monday of the month  
at the  
**East San Diego  
Masonic Temple  
7849 Tommy Drive  
San Diego, CA  
92119-1799**

[www.lodgeofvalhall.com](http://www.lodgeofvalhall.com)  
[www.sofn.com](http://www.sofn.com)

**Next Business  
Meeting:  
Dec. 1  
Xmas Dinner**

**Newsletter  
deadline:  
Jan. 15, 2008**

**THERE WILL BE NO  
JANUARY NEWSLETTER  
AS USUAL**

## Beskjed Fra Vice Presidenten – Christmas Time

The hunting trip in South Dakota was fun, but it was good to be back in San Diego for the November business meeting and Salmon Dinner.

The Salmon Dinner was wonderful as usual. Tusen Takk to Judy Sawyer and her crew for the great meal, especially the salmon chef! The Lillebuttiken had some great gifts for Christmas and the usual tasty treats. I did not get to attend the presentation after the final seating, but it was reported that the speaker had a problem with her throat and could not perform the musical program she had planned.

I am in the process of scheduling someone to preside over our Installation and dinner in January! I am starting at the top of list and asking everyone until I get a response in the affirmative. We will have to wait and see what shakes out! When I say starting at the top, I mean the International President! I hope he is available!

Remember, Tis The Season To Be Jolly, so don't forget to mark your calendars for the Christmas dinner on Saturday, December 20<sup>th</sup>! I heard from a reliable source there will be a Santa sighting and fun events for all ages so bring the children.

We still have the task of developing Valhall's SMART goals for 2009. The goals can involve any topics including: Membership, Cultural Activities/Programs, Cultural Skill Programs, Youth Activities, Adopt-a-School Program, SON Foundation, Scholarships, Community Outreach and Officer Training/Succession Planning to mention a few. We have many of these programs already in place in our lodge, and I look forward to continuing and improving them in 2009!

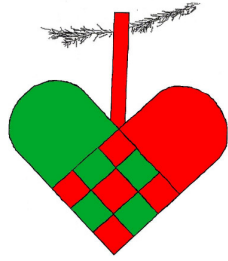
Our 2009 Lodge Officer Nominating Committee did a great job filling the many vacancies on next years board. I once again want to thank those members who volunteered to continue in their current position for another year and those who will fill positions for the first time. It looks like all the positions will be filled with either a director or a group of talented people forming a committee, such as the Cultural Committee. The only position still unfilled at this time is Vice President. I really am not that hard to work with and if you would like to volunteer to help me or know someone who would, please contact Amelia Seeto or me.

I look forward to seeing you at our next business meeting on December 1st or at the Christmas Dinner. Until then!

Hilsen,

*Rick Hausvik*





# Valhall Annual Christmas Party And Potluck Dinner

**Saturday, December 20, 2008**

**Adults Happy Hour and  
Children's Activities**

**5:00-6:00 P.M.**

**Pot Luck Dinner(bring enough for 8-10 people)**

**6:00 –7:15 P.M.**

**Last names with A-M bring a main dish**

**Last names with N-Z bring a side dish or salad**

**Dessert Will Be Provided**

**(If You Can, Bring Norwegian Christmas Cookies to Share)**

**Go Around the Christmas tree Norwegian Style**

**Family Entertainment**

**Visit with Santa**

**Make Reservations before December 17th**

*We need a count of adults attending for seating arrangements*

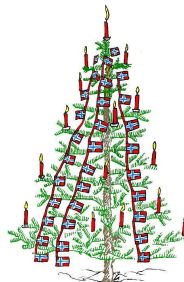
*and number of kids in order to reserve*

*Christmas bags for children under 13*

**Ellen Spitzer**

**619-444-9077 or e-mail [ellenspitzer@cox.net](mailto:ellenspitzer@cox.net)**

*Wear your  
Bunads*



*God Jul!*

East San Diego Masonic Temple,

7849 Tommy Dr., San Diego

## Slate of Officers for 2009

President	Rick Hausvik
<b>VP</b>	<b>Need Volunteer</b>
Counselor	Jerry Oen
Secretary	Amelia Seeto
Asst Sec	Judith Johnson
Fin Sec	Aprill Waymire
Treasurer	Don Lesney
Social Dir	Loreen Cook
<b>Cultural Dir</b>	<b>Committee:</b>
	<b>Joyce Olsen</b>
	<b>Sven Olsen</b>
	<b>Ingrid Lindgren</b>
	<b>Lou Coover</b>
Marshal	Don Balmer
Asst Marshal	Ron Thomas
Greeter	Lou Coover
Greeter	Raymond Johnsen
Historian	Jim Wolner
Librarian	Kay Wolner
<b>Musicians</b>	<b>Shared by:</b>
	<b>Joyce Olson</b>
	<b>Ragnhild Amble</b>
	Editor Arlene LaBree
Circulation Editor	Dean Seiler
Foundation Dir	Charles Gorder
Publicity Dir	Judy Sawyer
Trustee Year 1	Chris Hausvik
Youth Director	Ellen Spitzer
Sports Director	Neal Cook
Auditors	Allen Johannesen
	Thelma Johannesen
	Reg Becker

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### *Corporation Directors*

*Aprill Waymire*  
*Everett Shogren*

## 2008 & 2009 Officers

A board meeting with past and newly installed Board Members will be on the Tuesday evening after the Installation Dinner. Since our Combined Installation Dinner/Business Meeting is scheduled for Saturday, January 17, the Combined Board Meeting with 2008 and 2009 Board Members should be scheduled for Tuesday, January 20, 2009 at 7:00 PM.

## Lodge Officers for 2008

President	Jurolf (Jerry) Oen	858-549-1530
Vice-President	Rick Hausvik	619-579-5447
Counselor	Helga Moore	619-298-0390
Secretary	Amelia Seeto	858-712-6876
Assist. Secretary	Judith Johnson	858-459-8818
Financial Secretary	Aprill Waymire	619-276-3809
Treasurer	Don Lesney	619-465-3686
Social Director	Judy Sawyer	619-583-0859
Asst. Soc. Dir.	LaVonne Coover	619-264-9486
Cultural Director	Sven Olsen	760-735-6171
Marshal	Don Balmer	619-466-2179
Asst. Marshal	Ron Thomas	619-749-9967
Greeter	Lou Coover	619-264-9486
Greeter	Raymond Johnsen	858-459-5430
Historian	Lorraine Tucker	760-233-5034
Librarian	Lorraine Tucker	760-233-5034
Musician	Joyce Olsen	760-735-6171
Editor	Arlene LaBree	858-271-8709
Circulation Editors	Dean Seiler	858-455-6798
Foundation Director	Charles Gorder	619-287-3559
Publicity Director	Jean Shogren	619-287-6056
Trustee (1 years)	Ingrid Lindgren	858-277-3376
Trustee (2 years)	Everett Shogren	619-287-6056
Trustee (3 years)	Ola Brevig	858-756-1167
Youth Director	Ellen Spitzer	619-444-9077
Auditors	Allen Johannesen	858-452-1797
	Thelma Johannesen	858-452-1797
	Sven Olsen	760-735-6171
Corporation Directors		
	Don Lesney	619-465-3686
	Sigurd Stautland	619-299-9237
	Aprill Waymire	619-276-3809
Corporation Officers		
President	Ola Brevig	858-756-1167
Vice President	Allen Johannesen	858-452-1797
Secretary	Everett Shogren	619-287-6056
Treasurer	Jurolf (Jerry) Oen	858-549-1530



# Congratulerer Med Dagen!

## Thank you Members!



Thank you to all who attended our Salmon Dinner, and made it successful.

Also with the help of an Outstanding Committee our 2 seatings and table service went very smoothly.

A million thanks to :

- Ellen Spitzer
  - Elka Adams
  - Becky Bourdage
  - Tom Bourdage
  - Rick Hausvick
  - Chris Hausvick
  - Ray Johnson
  - Gloria Johnson
  - James Moore
  - Kay Wolner
  - Jeanette Moore
  - Megan Moore
  - Mary Kay Olson
  - Rod Olson
  - Loreen Cook
- From Judy Sawyer

### DECEMBER BIRTHDAYS

- 3 Robert Kurz
- 3 Caroline Olsen
- 5 Eldbjorg Backous
- 5 Jan Garzon
- 5 Per Larsen
- 7 Rosalie Olson
- 10 Peggy Gere
- 10 Jeff Wergeland
- 11 Warren Oftedahl
- 14 Gale Schaffroth
- 15 Katherine Edd
- 17 Carmen Hagen
- 17 Allen Johannesen
- 19 Jurof Oen
- 19 Jeffrey Giarde
- 20 Ragnhild Amble
- 21 Mary DeNino
- 22 Terje Christiansen
- 23 Ola Brevig
- 25 Arita White
- 29 J. Dustin Lasher
- 29 Helen Andrewsen

### JANUARY BIRTHDAYS

- 1 James Moore
- 3 Ken Monson
- 4 Barbara Evje
- 7 Kennet Brevig
- 7 John Erickson
- 11 Tamara Stautland
- 13 Thelma Johannesen
- 16 Helga Moore
- 17 Bob Bardin
- 19 Henry Halleland
- 21 M.K. Omdalen
- 22 Lucille Wendling
- 25 Erik Adams
- 26 Don Amundson
- 26 Wendy Hovland-Henry
- 29 John Montalbano
- 31 Ronald Thomas



### Welcome New Members!

Austin Moore, Jr.  
and Jeanette Moore  
and their daughter Megan Moore  
3353 Granada Ave  
SD, CA 92104  
619/295-7845  
email: ajmoore4@att.net  
*Recommended by Judy Sawyer*

### Sign Up For Committees

If you missed the signup sheet at the Business Meeting, here's your chance to let the Social Director know what month you would like to help with the social. You may be assigned a month if you don't reply.

Your Name(s) \_\_\_\_\_

(1) I/we will serve in the month of \_\_\_\_\_, 2009

(2) \_\_\_\_\_ I/we will continue to serve on my previously assigned month, or

(3) I am no longer able to serve due to \_\_\_\_\_

Please return to Social Director, Loreen Cook. By mail, email or phone.

5027 Bluff Place, El Cajon, CA 92020

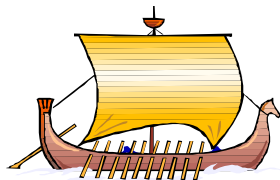
Phone: 619-588-4110

Email cooksare@yahoo.com

Thanks!

**ENJOY THE SAN  
DIEGO MANSKOR  
AT  
NEXT BUSINESS  
MEETING:  
MONDAY, DEC. 1ST  
AT 7:30 PM**

## Ladies of Valhall LOV notes..



Next meeting will be January 3, 2009, 9 a.m. at Denny's Restaurant in Fletcher Hills.

But we will see you before then. LOV will celebrate the Holidays at their

Christmas Luncheon  
December 14, 12 noon  
at the Mission Valley Resort  
875 Hotel Circle South.

You will find the flyer with all the details in the November Valhall Viking.

If you have not made reservations yet, please hurry! We do not want you to miss out on this one -- the deadline to reserve is December 1. Bring your daughters, daughters-in-law or friends. Lady members of Valhall are of course always welcome, even if they are not members of LOV. We have not invited the men yet, even though some of them have indicated that they are interested in coming, so maybe one year we will break down and let them see how much fun we have.

Yesterday, in connection with the lodge's salmon dinner, we had our annual "Lille Butikken". I do not know how many years we have been setting up store in November, but I know that I am just as surprised every year that so many wonderful items are donated, that so many Norwegian sweaters exist in San Diego, and that the owners are willing to donate them to raise money for LOV! We appreciate the buyers also, of course. There would be no profit without them.

So to all the people that donated goods, to all the people that bought, to the ladies that baked cookies and breads, and to all that helped out selling, setting up and taking down, thank you from the bottom of my heart! It is hard work, but we are getting good at it!

Special thank to Dale Roybal, who was my co-chair and is much more organized than I am, and to our

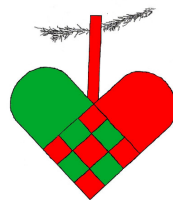
treasurer, Millie, who always is there dealing with the money.

At our last meeting, in November, officers for 2009 were elected.

The new president will be Susan Cody, Lorraine Tucker will stay on as vice president, Arnette Scherl will be the new secretary, and Millie Wright will remain treasurer.

Thanks to the nominating committee for a job well done, and thank you to the new officers for being willing to serve us in 2009!

Sincere wishes to all for a Happy Holiday Season from LOV president Ingrid Lindgren.



### SERVICES DIRECTORY

#### Financial Benefits Counselor

Pat Kelly  
(818) 986-7199  
amlives@aol.com

#### Language Instructor

Erling Nyhammer  
(619) 448-4217

#### Telephone Committee

Helen Seiler  
(858) 453-3175

#### Sunshine Committee:

Chairperson, LaVonne Coover  
(619) 264-9486

#### Blood Bank Representative

LaVonne Coover  
(619) 264-9486

#### Video Presentations:

Needed: Volunteer to present videos before business meetings. Contact Pres



## Minutes of the Valhall Lodge Business Meeting November 3, 2008

Vice President Rick Hausvik called the meeting to order at 7:30 PM.

Guest Janice Johnsen from Minnesota was introduced.

Financial Secretary Aprell Waymire presented the following names for membership: Austin Moore, Jr. and Jeanette Moore and their daughter Megan Moore, recommended by Judy Sawyer; and John Wasilewski. Their applications were approved unanimously.

Secretary Amelia Seeto read the October Business Meeting Minutes. A correction was made to include the vote on the Corporation's recommendation that \$500 be donated to the Henrik Wergeland Celebration 2008. The October Business Meeting Minutes were unanimously approved as amended.

### Committee Reports

Social Director Judy Sawyer reported that we had a great Heritage Dinner in October. There will be two seatings for November's Salmon Dinner, 4:00 PM and 6:00 PM, and the Lille Buttiken will be set up and...there will be cookies for sale! A questionnaire will be in the upcoming Viking for members to complete and submit if they want to change committees.

Cultural Director Sven Olsen reported that there will be a presentation on Henrik Wergeland by Dr. Dagne Groven Myhren, a professor at the University of Oslo after the 6:00 PM Salmon Dinner

seating.

### Historian and Librarian

Lorraine Tucker reported that Victor Borge's 80<sup>th</sup> Birthday Celebration was played before the meeting in honor of his birthday.

**Newsletter Editor** Arlene LaBree and **Circulation Editor** Dean Seiler reported that there is a delay in delivering the November Valhall Viking; they were delivered to the Post Office a timely manner, but perhaps because of the large volume of campaign and political literature in the mail, delivery has been delayed.

**Youth Director** Ellen Spitzer reported that there will be a table set up for the kids to decorate fish at the Salmon Dinner.

### Unfinished Business

Election of 2009 Valhall Lodge officers – Vice President Richard Hausvik read the proposed slate of nominated members and the floor was opened to any additional nominations; there were none and the slate was closed. The nominated members were elected unanimously.

### Financial Reports

Financial Reports: Aprell Waymire and Don Lesney gave their respective reports.

### Good of the Order

Counselor Helga Moore thanked everyone that volunteered for the International Convention. She asked that all outstanding invoices be turned in so that the books

could be closed. Helga and Rick will prepare a report for the home office.

Thelma Johannesen announced that SKRUK will be back at St Mark's United Methodist on Friday, June 26, 2009. They enjoyed the reception last time they were here, but lost money on their last tour, so they will be charging more in 2009.

Reg Becker reported that they had a great time with the Norwegian Sailor and Officer, but not many Norwegians from San Diego showed up. He would like to see more support from local Norwegians when Norwegian visitors come to San Diego.

Lizzie Riiber announced that the House of Norway will present Professor Dagne Groven Myhren and Professor Emeritus Kjell Skyllstat illustrating experiences from Norwegian literature and music. In addition, film producer Steinar Hybertsen will show his documentary on The Marshall Plan. These presentations will be at the Hall of Nations in Balboa Park on Tuesday, November 18 at 6:00 PM.

The next Business meeting will be on December 1, 2008 at 7:30 PM. Vice President Rick Hausvik adjourned the meeting at 8:15 PM.

47 members present.

Respectfully submitted,  
Amelia Seeto



## Minutes of the Valhall Lodge Board Meeting November 8, 2008

Vice President Rick Hausvik called the meeting to order at 9:25 AM.

**Meeting Minutes** - Secretary Amelia Seeto informed the Board that there is one change to the July Board Meeting Minutes as printed in the Valhall Viking Newsletter: Al Johanneson's name was indicated as attending the Leadership Training Workshop, he didn't; Ray Johnsen attended the Workshop and the minutes have been amended to accurately reflect this. July Board Meeting Minutes were unanimously approved as amended.

**Correspondence** - Secretary Amelia Seeto read a letter from District Secretary Carol Lee Solheim requesting the number of District Directories our Lodge wants. There is no charge for the first one, each additional is \$5. It was decided that four additional 2009 District 6 Directories will be ordered at a cost of \$20. Secretary Seeto will reply to District Secretary Solheim.

**Membership Report** - There will be a Welcoming Ceremony at December 1 Business Meeting.

**Treasurer's Report** - Vice President Hausvik will contact Treasurer Don Lesney to develop a budget for the next Board Meeting.

**International Convention Report** - Convention Chair Helga Moore is unsure if there are more

unpaid bills; after all the bills are submitted and paid. Vice President Hausvik and Convention Chair Moore will meet and prepare a Summary Report of the International Convention; and the two of them will also present the report to International.

In October 2004, before the International Convention had its own funds and checking account, the Lodge made a deposit at the hotel in the amount of \$1600.

There is a distributor that will purchase the unsold bunad calendars at a discounted price.

If we make as much as is anticipated, the Lodge should make a donation to the Sons of Norway Foundation.

There will be an article about the International Convention in an upcoming Viking Magazine.

**Cultural Report** - Cultural Director Sven Olsen reported that the program for the Salmon dinner will be after the 6:00 PM seating in the big hall. The San Diego Mannskor will perform prior to the December Business Meeting.

Discussion regarding the Stoughton Dancers – our Lodge membership will provide accommodations for the dancers; they would like to schedule six performances at \$200/performance to cover their travel expenses; our Lodge is only obligated to schedule one date. Possible performance venues are: Saint Andrews (might

not be available), in the big hall at our Lodge, or Calvary Lutheran in Solana Beach. Cultural Director Olsen will contact Zone Six Director Nancy Madsen for dates. Don Balmer will work on scheduling.

Due to the lack of a Cultural Director for the upcoming year the Board established a Cultural Committee. Committee members are Sven Olsen, Joyce Olsen, Ingrid Lindgren, and Lou Coover. An announcement will be placed in the December Valhall Viking seeking additional members.

**Membership Committee Reports** - Vice President/ Membership Chair Rick Hausvik reviewed a few months of the Headquarters provided membership reports; there is a steady decline of approximately two to three members per month. Some ideas that were discussed to gain new members and reduce non-renewing members are participate in career fairs on college campuses; establish Norwegian Clubs on college campuses; initiate mentoring program for new and inactive members; shorten Business Meetings; develop and distribute survey to membership regarding likes, dislikes, want more of, want less of, dates, days and times. Vice President Hausvik will check the contract to identify days that the Lodge is available to Valhall.

Cont. next page >>>



# Minutes of the Valhall Lodge Board Meeting November 8, 2008

## Sunshine Committee/Blood

**Bank Report** – Lou Coover reported on Sunshine Committee Chair LaVonne Coover’s behalf that Valhall Lodge members that donate blood need to tell the Blood Bank that they are donating for Sons of Norway and then they will receive a free meal certificate for a non-catered dinner at one of our Socials.

**Cultural Skills Report** - Program Coordinator Lou Coover reported that he plans to roll out the Cultural Skills Awards Program.

**Youth Director Report** - Youth Director Ellen Spitzer reported that plans are on track for our Christmas Party; there will be a table with Sports Medal Program information at for kids to complete and turn in, as well as crafts.

## Unfinished Business

ION Theatre Donation – The Board continued the discussion regarding a donation to the ION Theatre. The company is presenting readings of Ibsen’s works through a program called “ion’s intimate ibsen”; last month the LOV donated time and money. Financial Secretary Aprell Waymire distributes e-mail announcements regarding the dates, time, and locations of the performances. A motion was made by Sven Olsen to donate \$100 to the ION theatre for member Ragnhild Amble to present to the ION Theatre Company; the motion was seconded by Helga Moore and passed unanimously.

Inventory – Spring 2008 Inventory was given to Vice President Hausvik by Trustee Ingrid Lindgren. Vice President Hausvik will transfer the data to a spreadsheet. Inventory should be performed annually.

## New Business

Piano needs to be repaired; a soda or something was spilled on it. Valhall owns the piano. Cultural Director Sven Olsen will get a quote for the repair and present it to the Corporation. Once the piano is repaired we will get a quote for a cover that can be locked to protect the piano from similar damage in the future. Vice President Rick Hausvik will contact David from the Masonic Temple to see if we can return the piano to the big hall. The piano was there for years and was never disturbed.

One of our awnings is broken beyond repair. A quote for a quality 10’ x 10’ canopy will be presented to the Corporation for consideration.

We need a new banner for the Kretsstevne and other Lodge events, especially if we are going to participate in Career Fairs on local college and university campuses. Youth Director Ellen Spitzer will prepare a drawing submit it to the Board.

Vice President Rick Hausvik needs to check the lease and schedule in order for the Board to prepare the calendar for 2009. Auditor Allen Johannesen will provide Vice President Hausvik with a copy of the lease.

Installation Dinner planning – President extends invitations to other local lodges, the International Board and District Six Officers. Valhall does not pay for their expenses, but does provide the Installing Official a gift (last year we gave Janie Kelly a Bunads in America book by Anne Hoidal). The Honorary Marshalls also receive a gift.

Lodge Member Margaret Bly’s 105<sup>th</sup> birthday is coming up.

## Upcoming Meeting Dates

**\*\*December Business meeting** on Monday, December 1, 2008 at 7:30 PM

**\*\*Christmas Party** on Saturday, December 20 at 5:00 PM Happy Hour and Children’s Activities  
6:00 PM Pot Luck Dinner

**Installation Dinner and January Business Meeting** on Saturday, January 17 at 5:30 PM Happy Hour

6:30 PM Dinner  
The meeting adjourned at 11:35 AM.

Respectfully submitted,  
Amelia Seeto, Secretary

## Attendees:

Amelia Seeto Ingrid Lindgren  
Sven Olsen Raymond Johnsen  
Don Blamer Everett Shogren  
Jerry Oen Joyce Oen  
Helga Moore Jean Shogren  
Rick Hausvik Ellen Spitzer  
Lou Coover



# Ladies of Valhall

*Cordially invite all ladies to their  
Annual Christmas Luncheon & Program*

*“A Musical Treat”*

Sunday, December 14, 2008      Registration: 12 noon      Seating: by 12:30 p.m.

Mission Valley Resort, 875 Hotel Circle South, San Diego, CA 92108

Cost: \$25.00 per person

Advance reservations with remittance required before December 1, 2008

#### Menu

*Herb-Crusted Salmon Steak, Lemon Butter  
With Rice Pilaf OR  
Chicken Marsala, Cous Cous Jardiniere  
With Rice Pilaf*

#### Further Information

Mari Rem 619-284-5923  
Eldbjorg Backous 619-582-3754

***Please send this section with your remittance***

Please make checks payable to LOV and mail to:  
Mari Rem, 2945 Granada Avenue, San Diego, CA 92104 or  
Eldbjorg Backous, 4005 Donna Avenue, San Diego, CA 92115

I Plan to attend the luncheon and there will be a total number of \_\_\_\_\_ people in my party.

I am enclosing a check for the amount of \$ \_\_\_\_\_

My Name \_\_\_\_\_ Menu Preference \_\_\_\_\_

Guest Name \_\_\_\_\_ Menu Preference \_\_\_\_\_

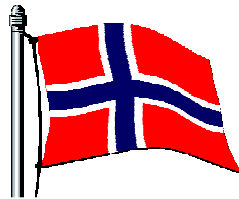
Guest Name \_\_\_\_\_ Menu Preference \_\_\_\_\_

Guest Name \_\_\_\_\_ Menu Preference \_\_\_\_\_

# Valhall Cultural Classes

## Norwegian Genealogy

Dec 2008-Jan 2009



In the absence of Jerry Oen, Dale Roybal and I (Jack Thompson) have been trying to keep the group together. We met on November 13th and I gave a class on several significant web sites dealing with Norwegian genealogy. The group does not meet in December. The next scheduled meeting is January 8th from 11-1 at the San Diego Family History Center. Dale feels that we should discuss the future of the group at the January gathering, i.e., does the group want to continue? What direction/emphasis are they interested in? Who is willing to be the leader? It really should be someone from Valhall. - Jack Thompson

Just a reminder to mark your calendar to meet on Thursday, January 8, 2009 at the Family History Center, 4195 Camino Del Rio South from 11:00 a.m. to 1:00 p.m.

## Woodcarving

The woodcarving group meets on every Tuesday of the month, from 9am to Noon. The class is being held at the *House of Norway* in Balboa Park. Everyone is welcome to join the group and enjoy conversation and carving.

Call Lou Coover before coming for time verification and more information at 619-264-9486.

## Rosemaling Classes

Informal *rosemaling* classes meet on the 2nd and 4th Saturdays of the month. Call Carmen for location information. Come visit and learn about rosemaling and have fun learning how to *rosemal*. Classes are free for SON members, \$5 for non-members. No prior experience necessary. Everyone is welcome.

Contact instructor Carmen Cleary for more information at 619-442-0064.

## Norwegian Classes

If you would like to learn how to speak Norwegian—classes are taught by instructor Erling Nyhammer. Classes are held at Our Savior's Lutheran Church in North Park.

For more information, call Erling Nyhammer at 619-448-4217 or email at [Enyhammer@cox.net](mailto:Enyhammer@cox.net) Valhall's New Cultural Committee Needs Members

## Valhall's New Cultural Committee Needs Members

At the November 8, 2009 Board Meeting a Cultural Committee was established. The Charter Committee members are Sven Olsen, Joyce Olsen, Ingrid Lindgren, and Lou Coover. If you want your two cents heard when it comes to programs at our socials and meetings, now is your chance! Give Sven a call at 760-735-6171 and let him know...there's always room for one more.

If you don't want to be on the committee, but you have an idea, give one of the committee members a call and tell them your suggestions.

## Sons of Norway Mission Statement



*The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.*



## Sons of Norway Blog

As you may know, Sons of Norway launched a blog (e.g. an online journal that is updated frequently with news and other tidbits) earlier this year. Since then it has provided real-time coverage of the 2007 Norwegian Experience winner's trip to Norway, Norway's participation in the 2008 Summer Olympics in China and the 60th Biennial International Convention in San Diego.

During the holiday season the Sons of Norway Blog will host a number of articles on Norwegian Christmas traditions, holiday recipes and links to interesting Norwegian-related websites. Please take a moment to visit the blog and see all the new posts.

To view the blog go to [www.sonsofnorwayblog.blogspot.com](http://www.sonsofnorwayblog.blogspot.com).

Also, to keep up on all the newest information and announcements from the Sons of Norway Headquarters, make sure to add [sonsofnorway@sofn.com](mailto:sonsofnorway@sofn.com) to your "trusted" e-mail list.

We've heard from a lot of members who have been missing out on important announcements because they have not done so and the e-mails have been redirected to their spam folder.

## Video Presentations at Lodge Business Meeting

There will be NO Video Presentation at the December business meeting. However, there are numerous videos in the lodge library on Norwegian subjects, and you are encouraged to check them out if you are interested.

Fraternally,

Lorraine Tucker,  
Historian;/Librarian, 2008.

## Member's Directory

A new Valhall Members Directory is in the process of being made. It will be done sometime after the first of the year. We strive to make it as accurate as possible.

If you have an email address, we would appreciate getting it, both for the directory but more importantly so we can send out notices of events or changes that occurred since the last newsletter.

Also, if you do not want your phone or address in the directory, let the editor know

Send your email to: [valhallnews@san.rr.com](mailto:valhallnews@san.rr.com).

## *A Little in English...*

### **Christmas**

“It’s a shame to dream of summer at Christmas time,” according to the old Norwegian proverb. Here are some Christmas words – can you guess what they mean? Many resemble the English equivalents, and many start with “jul-“ meaning Christmas, so pay attention to the end of the word. Compare these to the English words on the other side.

#### **advent**

barn / barne

#### **gløgg**

grønn

#### **hilsen**

jul

#### **julaften**

julebord

#### **julegave**

julegris

#### **julegrøtt**

julepynt

#### **juletre**

kake

#### **lefse**

lutefisk

#### **rød**

sanger

#### **slektninger**

småkaker

#### **Snø**



## *Litt på norsk...*

### **Jule**

“Det ville være en skam å lengte etter sommeren så lenge det er jul i huset,” ifølge norsk folketro. Her er noen juleord – kan du gjette hva de betyr? Mange ligner de engelske ordene, og mange begynner med jul- så ta hensyn til ordets ende. Svarene finnes på den norske siden.

#### **advent**

child / children

#### **gløgg – Norwegian mulled wine**

green

#### **greeting**

Christmas

#### **Christmas Eve**

Christmas Table – a traditional meal

#### **Christmas present**

Christmas pig, slaughtered for dinner

#### **Christmas porridge**

Christmas decorations

#### **Christmas tree**

cake

#### **lefse**

lutefisk

#### **red**

songs

#### **relatives**

cookies

#### **snow**

Valhall Lodge 6-025 - Sons of Norway

# Installation of Officers and January Social

East San Diego Masonic Temple  
7849 Tommy Drive, San Diego, CA 92119

**Saturday, January 17, 2009**  
Social Hour Starts at 5:30 PM -  
Dinner at 6:30 PM

Installation Ceremony follows

## Western Barbeque Dinner

Barbequed Beef and/or Chicken -  
Baked Beans - Potato Salad - Cole Slaw



Rolls, Butter. Coffee. Dessert

**Adults \$12.50 – Reservations Not Required**

MEMBERS' CHILDREN/ GRANDCHILDREN 15 AND UNDER- FREE!  
FULL TIME STUDENT MEMBERS OF VALHALL UNDER 25-FREE

## Celebrating the New Year and the End of Christmas

As in many countries, in Norway the change from one year to another is celebrated on both New Year's Eve and New Year's Day.

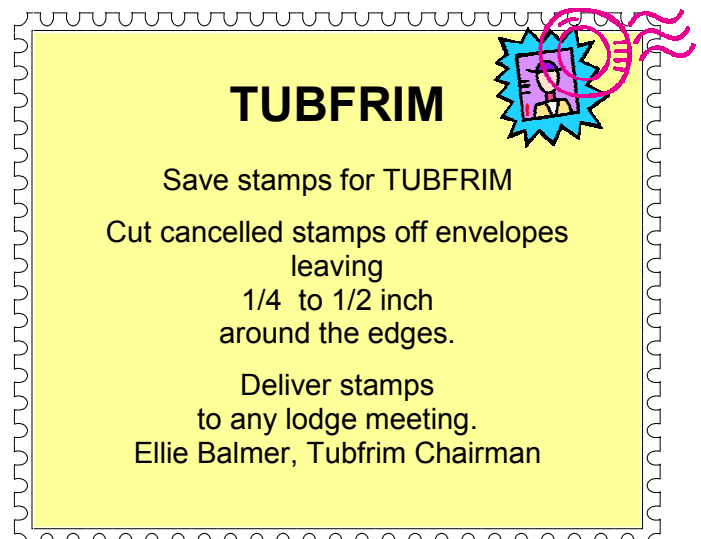
New Year's Eve is celebrated with a party or gettogether either at home or out on the town, which often culminates with counting down to the new year's beginning at midnight. On the table one typically serves among other things lamb ribs (pinnekjøtt), pork ribs or turkey on New Year's Eve.

In olden times New Year's Day was an important day for the whole country to look for signs of how the new year would be. The signs people looked for had mostly to do with how the crops would do, or what the fishing would be like. The weather on New Year's Day was also taken as a sign of how the weather would be for the rest of the year.

Today New Year's Day is an official holiday and is usually celebrated at home and is for many people a day of rest after New Year's Eve. The Prime Minister gives a speech, called the New Year's Address.

The thirteenth day of Christmas (January 6th) is called Helligtrekongersdag ("Three Holy Kings' Day") in honor of the three kings who came to Jerusalem to honor Jesus. In the Catholic era a pageant was performed on this day, a living demonstration of the three kings' journey, but today it is more of a symbol that Christmas has come to an end.

*Adapted from the book Merkedager av  
Ann Helene  
Bolstad Skjelbred*



*God Jul!*



## Social Committees

DECEMBER 2008  
BUSINESS MEETING AND SOCIAL  
CHRISTMAS PARTY

**Chair: Ellen Spitzer**

Elka Adams  
Kirsten Anderson  
Helen Andrewson  
Kim & Bob Bardin  
Don Bigler  
Diane Clark  
Merrit & Linne Hougan  
Amelia Seeto  
Matthew McMillan Spitzer  
Laura Sutton  
Aprell Waymire



JANUARY 2009  
COMBINED BUSINESS/SOCIAL  
INSTALLATION OF OFFICERS

**Chair: Everett Shogren**

Pat & Jennalisa Crohn  
Sue Fouquette  
Magnhild & Ozzie Gilbertsen  
Jane & Henry Halleland  
Marvin & Carol Holm  
Helen & Lewis Johnson  
Bob & Jeanette Kurz  
Roger & Pat McCollough  
Rosalie Olson  
Anita Reith  
Jean Shogren  
Marit Vincent  
Marvin & Marlys Wig

## Musicians Have Been Located



Mange takk to our co-musicians for 2009. I suppose they will have to be nominated and voted upon, but two talented ladies have stepped up and volunteered to share the musician responsibilities.

Ragnhild Amble and Joyce Olsen will each play the piano at three meetings next year; we will be a cappella for the other three... unless...one more piano player contacts Nominating Chair Amelia Seeto at 858-712-6876 to volunteer to play the piano at three meetings in the next twelve months.

Many thanks to Ragnhild and Joyce!



## Valhall Viking

Published Monthly by  
SONS OF NORWAY  
(Valhall Lodge) 25

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11128 Blythe Road  
San Diego, CA 92126-1103

Circulation Editor  
Dean Seiler

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## Valhall Viking DECEMBER 2008

### CALENDAR

#### DECEMBER

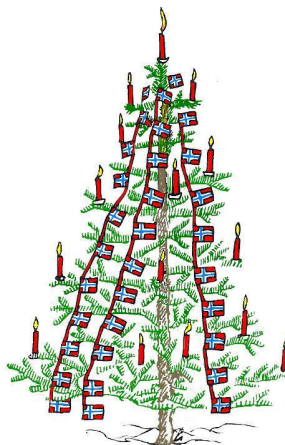
- 1 Mon Business Meeting—Elections
- 6 Sat No Ladies of Valhall
- 11 Thu No Genealogy Meeting
- 13 Sat Rosemaling
- 14 Sun LOV Christmas Luncheon
- 20 Sat Annual Christmas Party

#### January

- 3 Sat Ladies of Valhall
- 5 Mon No Business Meeting
- 8 Thu Genealogy meeting
- 17 Sat Combined Business & Social  
Installation of 2009 Officers

**There will be no January newsletter**

**Merry Christmas & Happy New  
Year!**



Next newsletter is the  
December issue.

Deadline for the  
**February**  
Valhall Viking is  
**January 15**

E-Mail articles to:  
[valhallnews@san.rr.com](mailto:valhallnews@san.rr.com)

