

Valhall



Viking

August 2008

Phone: 619/469-9779

Number 6

1912—2008



**VALHALL
LODGE**

Meetings at 7:30 pm
first Monday of the month
at the
**East San Diego
Masonic Temple
7849 Tommy Drive
San Diego, CA
92119-1799**

www.lodgeofvalhall.com
www.sofn.com

**Next Business
Meeting:
Sept 2
Social same night**

**Potluck Social:
Sept 2, 2008**

**Newsletter
deadline:
August 15, 2008**

Beskjed fra Vice Presidenten – International Hosts

I am writing this message in the absence of our President, Jurolf (Jerry) Oen, who had surgery on July 9th to remove a malignant brain tumor. He is home recovering and undergoing a series of treatments. Our prayers are with him for a full and speedy recovery.

Our June Business Meeting welcomed new members Neal, Loreen and Bryce Cook and Christopher Hausvik into the Lodge. A wonderful Ice Cream Social, with sandwich fixings, salads, pie and ice cream, followed it. A hearty thanks to Judy Sawyer and her June social crew!

The eight Valhall Lodge 6-025 representatives returned home from the District 6 Biennial Convention held in San Ramon, CA June 26-28. It was my first SON convention, and I found it to be very interesting and educational. A full report of events will be provided in the next issue of the Valhall Viking.

During the convention Nancy Madson, Solskinn Lodge 6-150, Palm Desert, was elected the Zone 6 Director, replacing Robert Hanevik. She is a dynamic individual and currently President the Solskinn Lodge 6-150. We look forward to her visit to Valhall and the energy and excitement she brings to her new job.

The SON 2008 International Convention Committee has been working very hard in preparation for the Aug 27-30 hosting of the biennial convention. We are well prepared to welcome all the international delegates to San Diego and all it has to offer. It will be a wonderful event and it is not too late to volunteer your services to help one of our committees with much needed manpower. Come and see how an International Convention works and help spread the warmth of San Diego and Valhall Lodge hospitality to our guests.

As Vice President and Membership Chairperson of Valhall 6-025, I am looking for additional members to join myself, Aprell Waymire and Amelia Seeto on the Membership Committee to help make our Lodge more fun and exciting! I want to increase membership through all age groups while keeping the traditions of our Lodge intact. If you would like to help me in that task, give me a call or email me for more information.

I look forward to seeing you at the next business meeting and social! Until then...

Hilsen,

Rick Hausvik

Sons of Norway
Valhall Lodge 6-25

Labor Day



& September Business Meeting
Monday September 2, 2008

THE FUN BEGINS AT

5:30 pm: MEET & GREET
6:00 pm: POTLUCK DINNER
7:30 pm: BUSINESS MEETING

Members whose name begin with **A-L** **MAIN DISH**
Members whose name begin with **M-Z** **SALAD OR SIDE DISH**
Dessert will be provided

Please join us to kick off the fall
season of great activities

Valhall Lodge
At the East San Diego Masonic Temple
7849 Tommy Drive
San Diego, CA 92119-1799

San Diego's International Convention Schedule

The SON International Convention, August 27 - 30, is around the corner. It has been four years of planning which hopefully will result in a successful endeavor.

This is how it will play out. The SON International Board, and its appointed committees, will arrive on Sunday August 24 and conduct business prior to the other delegates' arrival on August 27.

The Opening Ceremony will take place on Wednesday August 27 at 4:00 p.m. and will feature the U.S. Marine Corps Color Guard and dignitaries representing the City and various aspects of our culture and heritage.

The President's Reception will follow at 6:00 p.m. with various food stations and a fabulous Polynesian Dance Show.

A Harbor Cruise is scheduled for Friday night and the closing Banquet will take place on Saturday night.

I encourage Valhall members to participate in this unique opportunity to meet with fellow SON members. Anyone can attend the general business sessions, August 28-30 and the Opening Ceremony August 27 free of charge.

However, if you want to attend any of the social events, such as the Opening Reception(following the Opening Ceremony), Harbor Cruise or Saturday Banquet, you must register. Forms are printed elsewhere in this newsletter. The deadline for registration has been extended to August 22 and I hope that many of you will join us for these special events.

This is the first time that Valhall has hosted an International Convention. I extend my sincere thanks to all the members that have given so much time and effort to make this happen, We're not there yet, so keep up the good work.

Fraternally.

Helga S. Moore,
Chairperson 2008 International Convention

Lodge Officers for 2008

President	Jurolf (Jerry) Oen	858-549-1530
Vice-President	Rick Hausvik	619-579-5447
Counselor	Helga Moore	619-298-0390
Secretary	Amelia Seeto	858-712-6876
Assist. Secretary	Judith Johnson	858-459-8818
Financial Secretary	Aprell Waymire	619-276-3809
Treasurer	Don Lesney	619-465-3686
Social Director	Judy Sawyer	619-583-0859
Asst. Soc. Dir.	LaVonne Coover	619-264-9486
Cultural Director	Sven Olsen	760-735-6171
Marshal	Don Balmer	619-466-2179
Asst. Marshal	Ron Thomas	619-749-9967
Greeter	Lou Coover	619-264-9486
Greeter	Raymond Johnsen	858-459-5430
Historian	Lorraine Tucker	760-233-5034
Librarian	Lorraine Tucker	760-233-5034
Musician	Joyce Olsen	760-735-6171
Editor	Arlene LaBree	858-271-8709
Circulation Editors	Dean Seiler	858-455-6798
Foundation Director	Charles Gorder	619-287-3559
Publicity Director	Jean Shogren	619-287-6056
Trustee (1 years)	Ingrid Lindgren	858-277-3376
Trustee (2 years)	Everett Shogren	619-287-6056
Trustee (3 years)	Ola Brevig	858-756-1167
Youth Director	Ellen Spitzer	619-444-9077
Auditors	Allen Johannesen	858-452-1797
	Thelma Johannesen	858-452-1797
	Sven Olsen	760-735-6171
Corporation Directors		
	Don Lesney	619-465-3686
	Sigurd Stautland	619-299-9237
	Aprell Waymire	619-276-3809
Corporation Officers		
President	Ola Brevig	858-756-1167
Vice President	Allen Johannesen	858-452-1797
Secretary	Everett Shogren	619-287-6056
Treasurer	Jurolf (Jerry) Oen	858-549-1530



Congratulerer Med Dagen!



AUGUST BIRTHDAYS

1 Shirley Thomas
3 Hagbart Larsen
4 Anita Reith
6 Alice Rykowski
6 Laura Sutton
8 Judy Sawyer
9 Chris Lelevier
10 Ulf Backstrom
13 Glenda Thomas
14 Anthony Cleary
14 Carmen Synnes
16 Jean Shogren
16 Douglas Swenson
17 Ann-Kevin Mawn
18 Tordis Kostic
18 Robert Lowen
19 Thomas Bourdage
20 Arthur Anderson
20 Marvin Wig
22 Erling Nyhammer
22 Ruth Sterling
23 Aprell Waymire
24 Gordon Kovtun
25 Lynn Lindebrekke
25 Brit Tveit Montalbano
28 Jacqueline Adams
28 Lora Lee
28 Beryle Young
29 Jon Arne Isachsen

Sept. Business Meeting

NO Video Presentation before the-
September Combined Business/
Social Meeting, as we will be having
the potluck and a presentation by
Erik Nilsen during or before the
business meeting. October Video
Presentation will be a Heritage Film,
as October is Heritage Month, so
look forward to something special
Lorraine Tucker

AUGUST ANNIVERSARIES

8/1 Torfin & Ingrid Lindgren
8/9 Mark & Arlene LaBree
8/11 Helga & James Moore
8/20 John & Helen
Winterhouse
8/24 William & Ellie Balmer

Welcome New Member

Leslie Kathryn Chomicz
695 Rihely Place
Encinitas, CA 92024
858/922-6551
raven77sunset@yahoo.com

Recommended by Arlene LaBree

Address Changes

Glenda & Ron Thomas
P.O.Box 712827
Santee, CA 92072-2827
858-688-2227

Marvin & Marlys Wig
325 Kempton St, #660
Spring Valley, CA 91977-5899
619-267-7735

Valhall Vests

This is an appeal to all the mem-
bers that participated in the District
1994 convention.

If you should happen to have one
of the vests that we used to wear
during the convention that said
Valhall 6-25 on the back could you
please let us know. We were hop-
ing that we can wear it once more.
If you have one please let me know
by calling or E-Mail me.
{858}-756-1167
or obrevig1@mac.com
Thanks, Karin Brevig

Flowers Needed

Needed! Flowers for the SON
International Convention!

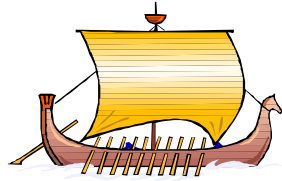
The Convention will be held Aug.
27, 28, 29, 30th 2008. Because a
lot of the delegates are coming
from areas where the growing sea-
sons are very short, we want to im-
press them with the beautiful flow-
ers that are grown in our area.
Look at your yard and if you have
flowers that are available at the end
of August, which can be donated to
the Decorating Committee, it will
be most appreciated.

Please contact Judy at
Judy Sawyer, Chairman
619-583-0859
jperidot@sbcglobal.net



**NEXT BUSINESS MEETING:
SEPT. 2ND, LABOR DAY
POTLUCK AT 6:00 PM**

Ladies of Valhall LOV notes..



Next meeting August 2, 2008, 9 a.m. at Denny's Restaurant in Fletcher hills.

Hostesses: Jane Halleland and Susan Cody.

Summertime, and the living is easy.... Not so for the many members of Valhall and LOV who are busy getting ready for the Sons of Norway International Convention being held here in San Diego in August. There are so many details to take care of, and the hope is that everything will come together perfectly, so that the delegates and the guests will have a great time in our fair city, and Valhall can rest assured that we really did our best.

The ladies are responsible for the coffee breaks, and for creating the goodies to be served, and I want to thank everyone who so willingly signed up to help when the list went around at the last meeting. Also thank you to Karin Brevig and Jim Adams who arranged to have leftover cookies from the District Convention hauled to San Diego. They are now safely in our freezer, and it gave us a good head start!

LOV did take time out for a trip to Balboa Park, since we did not have a meeting in July. We visited the San Diego Historical Museum and enjoyed the display of fashions from Marston's Department Store, anno 1878-1961. Beautiful dresses, hats, gloves, shoes, etc. Many of our ladies remembered fashions that they had purchased at Marston's, and we were all thinking about Marlene, who actually worked summer jobs at Marston's when she was a young college student. You should have been there, Marlene!

We had coffee and waffles at House of Norway afterwards, and such a nice time visiting with each other. Such a nice day! We must do it again some time.

Many of us attended the memorial service for Addy Svendsen, our dear, dear friend and LOV member, who passed away on the Saturday of our last meet-

ing. It was a lovely memorial.

I think we left the church with a clear picture in our mind of what a remarkable lady Addy was and how we all loved her.

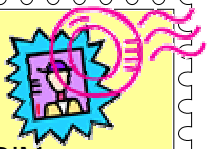
Another of our dear members, Wilma Springer, called me before our outing to the park and said she could not make it because she had broken her little toe and could not put shoes on, but I guess it did not end there. Lorraine told me that Wilma had fallen and broken a wrist and an ankle as well. This is too much, Wilma! Hope you heal fast!

By the way, we had 24 members present at our last meeting, and 2 guests, Helen Seiler and Carol Amundsen, who came with her mother Virginia. We enjoy these ladies very much and hope they'll keep on coming.

All the ladies are sending love and wishes for speedy and complete recovery to Jerry, Valhall president, and lots of love to Joyce and the rest of the Oen Family.

See you at the coffee breaks at the Convention!

LOV president Ingrid Lindgren.

TUBFRIM 

Save stamps for TUBFRIM

Cut cancelled stamps off envelopes
leaving
1/4 to 1/2 inch
around the edges.

Deliver stamps
to any lodge meeting.
Ellie Balmer, Tubfrim Chairman



Minutes of the Valhall Lodge Business Meeting Minutes of the June 2, 2008

The meeting was called to order by President Jerry Oen at 7:30pm.

Visitors: Member Wilma Springer introduced her neighbor Hildegard who came to help with ice cream social after our business meeting

Membership: Welcoming ceremony was held and new members Neil and Carol Cook, and Bryce Cook, as well as Christopher Hausvik were welcomed into our lodge and Sons of Norway and presented with their welcoming packets.

Minutes: May Meeting Minutes were approved as printed in the Valhall Viking Newsletter.

Correspondence: Secretary Amelia Seeto read an e-mail from Carol Solheim regarding the need for a lodge to host the 2012 District Convention.

COMMITTEE REPORTS:

Social

Associate Social Director LaVonne Coover reported that our June social will be held this evening after our business meeting.

Valhall's annual picnic will be in July and a flyer will be e-mailed and posted on our website.

Cultural

Cultural Director Sven Olsen reported that volunteers are needed to man the display of cultural items (woodcarving, rosmaling, etc.) that will be judged during the International Convention in August; contact Sven to volunteer.

Erik Nelson will give a presentation at our September business meeting.

Sons of Norway 18th Annual Southern California Kretsstevne will be the last weekend in September at Thousand Trails in Idyllwild; make your

reservations early if you plan on renting a trailer. Valhall is responsible for Saturday evening's tri-tip barbecue. Flyer will be posted on our Website as soon as it is available.

Norwegian Language class is held every Tuesday at 6:30 PM at Our Savior's Lutheran Church. Contact Erling Nyhammer for more information.

Tam Stautland will give a presentation at the June Genealogy meeting on June 5 from 11:00 am to 1:00 pm. The Norwegian Genealogy Group meets on the first Thursday of the month at Family History Center, 4195 Camino Del Rio So. In Mission Valley.

Woodcarving Group meets on Tuesdays from 9:00 am until 12:00 noon at the House of Norway in Balboa Park. Everyone is welcome to join the group and enjoy conversation and carving. Call instructor Lou Coover for more information.

Rosemaling classes are held on the 2nd and 4th Saturdays of the month in the room downstairs at the lodge, from 9:00 am to 1:00 pm. Classes are free for SON members, \$5 for non-members. No prior experience necessary; everyone is welcome. Contact instructor Carmen Cleary for more information.

Sunshine Committee

Sunshine Directory LaVonne Coover sent Thinking of you cards to Carmen & Tony Cleary and Anne & Oddvar Hoidal. Get Well cards were sent to Thelma Johannesen and Lizzie Riiber. Birthday card sent to Flor Olsen, who is 93 years young!

A happy note is that Janet Erickson is doing much better. The tumor is

shrinking and she is regaining strength. Janet wishes to thank everyone for their concern and well wishes and willingness to donate blood for her. She said it is very comforting to know so many people care.

Blood Bank Report

Blood Bank Chair LaVonne Coover reported that with summer just around the corner there seems to be increased need for donated blood. You can help out by visiting a San Diego Blood Bank Center or a mobile unit and be a donor. Let them know your donation is for the Sons of Norway, Valhall. Thank you.

Publicity

Publicity Directory Jean Shogren reported that she submitted photos to District office. An announcement about our Syttende Mai celebration was in the paper.

Newsletter

Editor Arlene LaBree reported that there will not be a newsletter in July. The website (www.lodgeofvalhall.com) will be continually updated with timely announcements and forms.

Youth

Youth Director Ellen Spitzer is collecting Sports Medals forms; she will collect and submit for medallions any adult forms that are eligible as well.

Minutes continued on next page

Minutes, cont.

International Convention

Karin Brevig requested that Ellen explain the flyer in June's Newsletter regarding the International Convention Ad Form. Ellen explained that, in order to generate income, the Convention Committee opened up ad space in the convention program for Valhall Lodge Members to purchase space. The purchased space can be used to welcome delegates to San Diego, to wish all convention attendees good luck, or some other positive message.

UNFINISHED BUSINESS

None.

FINANCIAL REPORTS

Aprell Waymire and Don Lesney gave their respective reports.

Treasurer Lesney distributed a proposed 2008 budget. The budget was discussed and a motion was made, seconded and unanimously passed to accept the distributed proposed 2008 budget.

GOOD OF THE ORDER

International Convention is August 27; volunteer are welcome in many areas. Also, non-delegates are welcome to attend a number of the social events; see our website (www.lodgeofvalhall.com) under Intl. Convention Registration for Valhall Members link.

International Convention Registration form is in the Newsletter and available on both Valhall's website and the Sons of Norway website (see above for url and link)..

Membership Secretary Aprell Waymire reminded all of Sons of Norway Summer Sizzler: every member that refers 3 or more.

The next Business Meeting will be **September 1, 2008 at 7:30 PM.**

Our next Board Meeting will be July 22, 2008 at 7:00 PM.

President Jerry Oen adjourned the meeting at 8:20 PM. 60 members were in attendance.

Respectfully submitted,
Amelia Seeto, Secretary

2008 International Folk Art Exhibition & Competition

Hello Valhall Members:

Sons of Norway is pleased to invite all members to participate in the 2008 International Folk Art Exhibition & Competition. All members, both amateurs and professional, are encouraged to display their skills at the SON folk art event as part of the International Convention in San Diego, Aug 27-30.

The information packet will take you step-by-step through all the rules and procedures for entering your work. The information packet is available from Sven Olsen and is also available on Valhall's website: www.lodgeofvalhall.com

Members can choose to compete, exhibit or both. Everyone who enters will receive a certificate of participation and a unique pin for their contribution. Members who enter the competition can win ribbons for First, Second, and Third places in a variety of categories, a People's Choice award and the Best In Show prize for the judges' overall favorite item.

Vennlig hilsen,
Sven Olsen and Convention Committee
svenio@sbcglobal.net
760-735-6171

Sons of Norway Mission Statement



The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and provide quality insurance and financial products to its members.



ADELINE JOHNSEN SVENDSEN
FEBRUARY 16, 1914 - JUNE 7, 2008

Adeline "Addy" Johnsen Svendsen passed away on Saturday, June 7, 2008. She was 94. Addy was born February 16th, 1914 in Spokane, Washington. She is survived by beloved son, Carlos and cherished niece, Kristin Lasher and family.

Addy lived in Seattle, Washington in her teen years and graduated from the University of Washington. Her father was a commercial fisherman and her mother owned a ladies' dress shop in Ballard. She and Addy were very active in the Sons of Norway and also the Daughters of Norway organizations. Addy joined Leif Eriksen Lodge #1, of Seattle, in 1934, and in her early twenties was one of the founders of a new lodge, Knut Rockne. One of the highlights of her young life was being chosen as the person to present flowers to Queen Martha when King Haakon and the Queen visited Seattle in the early 30's. After her marriage to Elvin Svendsen she lived in San Francisco where she was an active member of Henrik Ibsen Lodge, and, upon moving to San Diego, transferred to Valhall Lodge. She served as District 6 Secretary, SON, for two years in the mid 1970's.

As long as she was physically able, she was active in the House of Norway and the former Norge Women's Club, as well as a great support to Valhall Lodge and the Ladies of Valhall over the years. Addy was a avid computer "whiz" and gave computer lessons to seniors whenever she could. She designed web pages and program brochures, kept in touch with family and friends via computer letters, gave wonderful parties in her home, and participated in as many Norwegian activities in the community as she could. She had many friends, both in and out of the Norwegian community.

She will be greatly missed by all. Sincere condolences to her family and her many friends.

Southern California Kretsstevne

It is again time for information on the annual Southern California Kretsstevne weekend.

This year we will meet at Thousand Trails Campground in Idyllwild on **September 26-28, 2008**. Thousand Trails is located in the San Jacinto Mountains and is a 200 acre camping preserve in rugged pine covered mountains at 6,435 ft. elevation.

As before, we are requesting 3 dozen cookies from each lodge for our hospitality table. Please send the cookies with someone who will attend the Kretsstevne. Also, please supply a \$ 10.00 gift to be raffled off.

Hot "lapskaus" (Norwegian stew) will be served Friday evening. Saturday lunch is "potluck" so bring a dish to share. Saturday evening is B.B.Q. tri-tip with all the trimmings.

Along with the usual great food and fellowship, there will be boutiques, activities, games for the children, bingo, singing and entertainment.

****Previous years the Thousand Trails Cantina has stayed open for us for breakfast but I do not know if they will; they will let me know later on.

Registration due date is September 10, 2008.

See you all at Idyllwild in September!

Hilsen ,

Lise Fleming
Phone: (909) 624-2868
Kretsstevne registrar e-mail:
lisenorsk@earthlink.net

Registration form on next page. You can also print it out from Valhall's website:
[Www.lodgeofvalhall.com](http://www.lodgeofvalhall.com)

Sons of Norway 18th Annual Southern California Kretsstevne

Thousand Trails, Idyllwild, California

September 26 - 28, 2008



Options to attend the weekend festivities:

1. Drive in for the day, \$ 5.00 per vehicle guest fee (pay by the gate)
2. Bring your own RV or tent and rent a space
3. nRent an on-site RV trailer for a 2-night stay

No matter what options you choose, please complete the Registration Form below along with your check made out to: Southern California Kretsstevne by Sept. 10, 2008 and mail to:

Lise Fleming
1104 Alamosa Dr
Claremont, CA 91711

Home phone: (909) 624-2868
e-mail: lisenorsk@earthlink.net

Early reservations recommended! No reservations accepted after due date!

cut here and mail

REGISTRATION FORM

Name(s): _____

Lodge: _____

Children: _____

Age: _____

Age: _____

Age: _____

Address: _____

Phone: (____) _____

E-mail: _____

Comments: _____

Kretsstevne Registration Fee (Required of all adult attendees)

_____ Adults @ 7.50 each/Family \$ 15.00 \$ _____

Friday Night Lapskaus Dinner
_____ Adults @ \$ 7.50 each/Children under 12 Free \$ _____

**Saturday Noon potluck bring a dish to share

Saturday Tri-Tip Barbeque
_____ Adults @ 12.00 each/Children under 12 Free \$ _____

Accommodations for 2 nights:

Check one:

- | | | |
|--|----|--------|
| ____ Tent or RV site rental (2 nights) | \$ | 64.00 |
| ____ 29' Deluxe Trailer, 1 queen + 2 bunks, sleeps 4 to 6 | \$ | 121.00 |
| ____ 30' Slideout Trailer, 1 queen + 3 bunks, sleeps 4 to 7, NO PETS | \$ | 151.00 |

Optional Linen Package:

- | | | |
|---|----|-------|
| ____ Queen set @ \$ 11.00 | \$ | _____ |
| ____ Single set @ \$ 6.00 | \$ | _____ |
| ____ Pet Fee @ \$ 7.50 per day. All pets must be leached at all times | \$ | _____ |

TOTAL AMOUNT, includes Registration Fees, Overnight Accommodation, Meals, Linen package(s) and Pet Fee. \$ _____

Make all inquiries to Lise Fleming; please do not contact Thousand Trails directly

Social Committees

SEPTEMBER COMBINEED BUSINESS MEETING & SOCIAL POTLUCK

Chair: Susan Cody

Lou & LaVonne Coover
Kyle & Stephanie Hammerness
Oddvar & Anne Hoidal
Bonita Holsbo
Glenda & Harvey Holsbo
Ann Hougen
Dean & Lorraine Hurst
Karsten Kvitli
Erling & Lydia Nyhammer
Sven & Joyce Olsen
Jennifer Seiger
Roy & Glenda Thomas
Shirley Thomas
Floyd (Larry) Wergeland



OCTOBER BUSINESS MEETING AND SOCIAL HERITAGE DINNER

Chair: Ingrid Lindgren

Asst Chair: Jim Adams

Lily Berchen
Mary Fry
Peggy Gere
Glen & Carmen Hagen
Carol Hillestad
Lillian Jansen
Karianne Koskinen
Mark & Arlene LaBree
Marie Olsen-Weir
David Weim
Kirsten Winterhouse
John & Helen Winterhouse
Marcia Winterhouse

Just For Fun

Subject: The clarity of the message

Reverend Ole was the pastor of the local Norwegian Lutheran Church, and Pastor Sven was the minister of the Swedish Covenant Church across the road. I saw them yesterday standing by the road, pounding a sign into the ground, that reads:

"Da End iss Near! Turn Yourself Around Now! Before It's Too Late!

As a car sped past them, the driver leaned out his window and yelled, "Leave us alone, you religious nuts!"

From the curve we heard screeching tires and a big splash...

Rev. Ole turns to Pastor Sven and asks, "Do ya tink maybe da sign should yust say 'Bridge Out'?"

From Lorraine Tucker

SERVICES DIRECTORY

Financial Benefits Counselor

Vickie Woodruff

(858) 232-0247

Language Instructor

Erling Nyhammer

(619) 448-4217

Telephone Committee

Helen Seiler

(858) 453-3175

Sunshine Committee:

Chairperson, LaVonne Coover

(619) 264-9486

Blood Bank Representative

LaVonne Coover

(619) 264-9486

Video Presentations:

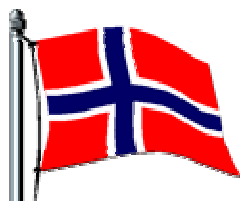
Lorraine Tucker

760-233-5034

Valhall Cultural Classes

Norwegian Genealogy

No meeting in August



Next meeting Sept. 11, 2008—Thursday

For the last two years, we have been exploring the many aspects of Norwegian Genealogy, with and without the use of the computer. We will continue to do so in the future.

We will also explore the many other sources for basic Norwegian Genealogy. Getting started may be the hardest part of Norwegian Genealogy, but help is at hand.

Our Norwegian Genealogy Cultural Group will continue to meet on the second Thursday of every month (except for July and December) at the Family History Center, 4195 Camino Del Rio South from 11:00 a.m. to 1:00 p.m. Each meeting includes a class or presentation on some aspect of Norwegian Genealogy, History, or Culture followed by individual family history sharing, story telling or problem solving.

Everyone interested in Norwegian genealogy and history is welcome to attend our meetings. For more information or to be added to our mailing list, please contact Jerry Oen at jurolf@aol.com, or call 858 549 1530.

Woodcarving

The woodcarving group meets on every Tuesday of the month, from 9am to Noon. The class is being held at the *House of Norway* in Balboa Park. Everyone is welcome to join the group and enjoy conversation and carving.

Call Lou Coover before coming for time verification and more information at 619-264-9486.

Rosemaling Classes

Informal *rosemaling* classes meet on the 2nd and 4th Saturdays of the month at the lodge in the room downstairs, from 9am to 1. Come visit and learn about rosemaling and have fun learning how to *rose-mal*. Classes are free for SON members, \$5 for non-members. No prior experience necessary. Everyone is welcome.

Contact instructor Carmen Cleary for more information at 619-442-0064.

Norwegian Classes

If you would like to learn how to speak Norwegian—classes are taught by instructor Erling Nyhammer. Classes are held at Our Savior's Lutheran Church in North Park.

For more information, call Erling Nyhammer at 619-448-4217 or email at Enyhammer@cox.net

Summer Sizzle '08

From **June 1 through August 31, 2008**, a recruiter of new member(s) will receive a rose malt mug for every qualifying new member who joins. For every 12 individuals recruited by a member, a pound of gourmet coffee will be included with the mug(s). Don't forget that for each dues-paying member recruited you also qualify for the Norwegian Experience 2008 contest.

Remember - the most effective way to get someone to join Sons of Norway is simply to ask them to join, so don't be shy.

Aprell Waymire
Membership Secretary



A Letter to our Volunteers

Dear Valhall Members:

Secretary Amelia Seeto and Assistant Secretary Judith Johnson Need Your Support

Sons of Norway is a non profit organization; as such it is important and necessary to document information on Lodge and Member activities that qualify as Community Service and Fraternal Support. This information is collected annually by lodges and forwarded to Sons of Norway International; International then compiles this data and forwards it to the National Fraternal Congress of America (NFCA). By completing NFCA worksheets, Valhall Lodge is doing its part to maintain Sons of Norway's non-profit status. That being said...Judith and I need your help!

Please be aware of events that you have participated in on behalf of Sons of Norway and/or Valhall Lodge so far and throughout the remainder of 2008. If you have done any of the following Community Service activities please provide your name, the number of hours spent per month, a description of the activity, as well as any lodge dollars spent. Community Service Activities: Activities on behalf of Sons of Norway that assist needy or improve the community, i.e.: visits to nursing homes, blood drive, food drive, clothing drive, scholarships, tutoring children, etc.

Ditto for Fraternal Support activities...Please be aware of events that you participate in which qualify as Fraternal Support and provide your name, the number of hours spent per month, a description of the activity, as well as any lodge dollars spent. Some examples of Fraternal Support

activities are: Activities to conduct business of the lodge (I have hours for attendees at Business and Board meetings already calculated, so no need to submit those hours and I know many of you have spent plenty of time in Business and Board meetings), promote member fellowship (hours spent preparing for, serving, and cleaning up after dinners and socials – I'm pretty sure that's at least one month for each of us) advance purposes of Sons of Norway, or personal development of members. Remember, hours spent volunteering for the International Convention qualify, too. I think just about everybody has some hours to "turn in".

So, think about all the Sons of Norway fun you've had so far this year and start adding up the hours you spent making Valhall and Sons of Norway the lodge it is today. Then be sure to submit them to our Assistant Secretary, Judith Johnson at jjstyle@hotmail.com. It would be best to have this information by month; so if you could begin by providing January 2008 through the present to Judith at your earliest convenience and then e-mail her again in January the present through December 2008, we would be most appreciative.

Tusen takk!

Amelia Seeto, Secretary



Lodge Name Badges

All members are encouraged to purchase and wear name badges so that we can get to know you and you can get to know everyone else.

Order your name badge directly from **Awards of Tahoe**. These are the same hard white plastic name badges with the lodge name in white and the Sons of Norway shield in red, white & blue that many members already have. Your name and Valhall #6-025 will be in blue.

The cost for the badge is \$ 8.50 (includes tax and shipping).

To obtain your name badge send this form and a check for \$8.50 to the address shown below. Make the check payable to "**Awards of Tahoe**".

AWARDS OF TAHOE
3053 HARRISON AVE., #206
SOUTH LAKE TAHOE, CA 96150

Please send a Sons of Norway name tag for:

(Please Print Name)
Valhall Lodge No. 25
San Diego, CA

Enclosed is my check for \$8.50 (includes tax and shipping) payable to **Awards of Tahoe**. Please send the name tag to this address:

SONS OF NORWAY 2008 INTERNATIONAL CONVENTION

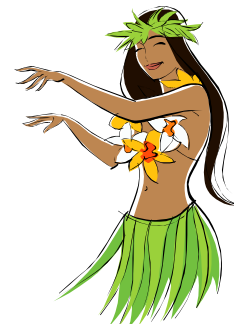
Deadline to Register: Aug. 22

The President's Reception

Wednesday, August 27, 2008

Cost to Non-Delegates: \$65.00pp

The "President's Reception" will be a Polynesian delight! A Hawaiian Luau with a spectacular Polynesian dance show performed by award winning dancers from Ka Halau Hula of Napua Llima 'O Kehaulani dance group. Hawaiians called their important feasts an *'aha 'aina*. These important feasts marked special occasions. The President's Reception will be our *'aha 'aina*. Grass skirts, Hawaiian shirts, and graceful hulas will be a part of the evening you will not want to miss. Come and join us in welcoming our International President, Ted Fosberg, and the spirit of Aloha.

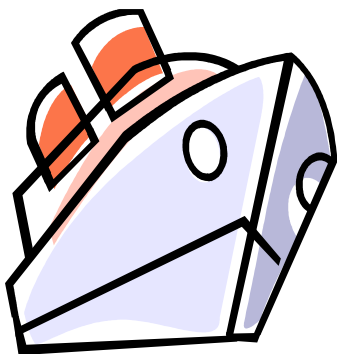


San Diego Bay Harbor Dinner Cruise

Friday, August 29, 2008

Cost: \$80.00pp

The San Diego Bay Harbor Dinner Cruise will be a unique and memorable experience that combines 25 scenic miles of magnificent San Diego Skyline and fine dining. The 2 1/2 hour harbor dinner cruise includes a glass of champagne upon boarding, a three-course dinner served, a no host bar and DJ entertainment. The DJ will play a variety of music for your listening and dancing pleasure. While cruising, the San Diego Bay welcomes you with a gorgeous sunset, beautiful views of the San Diego skyline by night, Coronado Bay Bridge, Seaport Village, the Star of India – the world's oldest active ship and the Pacific Fleet which is host to some of America's most historic warships such as the U.S.S. Ronald Reagan and the retired aircraft carrier, the U.S.S. Midway.



The entrees to choose from are as follows:

- A generous cut of Flat Iron Steak grilled to medium and served with a caramelized shallot demi glaze; or
- Dungeness Crab Stuffed Pacific Snapper oven roasted and served with a lemon caper sauce; or
- Herb Grilled Breast of Chicken with artichokes and sun dried tomatoes; or
- Vegetarian Strudel - marinated vegetables wrapped in flakey, golden brown puff pastry and served with a roasted tomato ragu.

Please indicate your meal choice on the Convention Registration form.

Bus transportation from the hotel to the boat will depart at 6:15pm.

Boat Boarding: 7:00pm.

Boat Cruising: 7:30pm – 10:00pm.

Bus transportation from the boat to the hotel will depart immediately after your return.

Dockage fees, tax, tip and bus transportation included in the cost.

Sons of Norway - 2008 Biennial International Convention

San Diego Marriott Mission Valley, August 27-30, 2008
Hosted by Valhall Lodge 6-025 – San Diego, California

2008 International Convention Registration Form

Please notice new deadline is August 22

Valhall Member / Non-Delegate

Please copy and complete this form for each individual and print legibly:

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: _____ E-Mail: _____

Optional Valhall Member(Non-Delegate) Individual Events:

Please check choice(s):

President's Reception (Wednesday Night – 8/27): A Hawaiian Luau & Polynesian Dance Show	\$65.00pp	<input type="checkbox"/>
Banquet Dinner (Saturday Night – 8/30): The Carl Hansen "Wings of Victory Orchest"	\$70.00pp	<input type="checkbox"/>
Please circle choice: Prime Rib Vegetarian Plate	Grilled Salmon	
Harbor Dinner Cruise (Friday Night – 8/29): Please circle choice: Flat Iron Steak	Crab stuffed Pacific Snapper	\$80.00pp <input type="checkbox"/>
	Herb Chicken	Vegetarian Plate
Grand Total \$		_____

*****PAYMENT*****

Individual Registration form(s) and payment for Valhall Member (non-delegate) individual events
if you choose to attend events **MUST be received no later than Aug. 22, 2008.**

Make Check Payable to: S/N 2008 International Convention

Mail Check and Registration form(s) to: Aprell Waymire, 2194 Tokalon Street, San Diego, CA 92110

Any questions on registration please e-mail: Aprellw@aol.com or call 619/276-3809.

Valhall Photo Page



Past Presidents

Picture of our lodge's past presidents from the anniversary dinner.

From left to right:

Ola Brevig, Karin Brevig, Bob Kurz, Erling Nyhammer, Reg Becker, Sig Stautland, Helga Moore, and our current and past president, Jurolf (Jerry) Oen.

*Picture submitted by Jean Shogren
Thanks Jean*



New Members

Picture of some of Valhall's newest members from the last initiation ceremony. From left to right: Chris Hausvik, Loreen Cook, Bryce Cook and Neal Cook.

*Picture submitted by Jean Shogren
Thanks Jean*

Valhall Viking

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Valhall Viking AUGUST 2008

CALENDAR

AUGUST

2 Sat Ladies of Valhall
27-30 Valhall hosts the SON Intl. Convention

SEPTEMBER

2 Mon Comb. Business Mtg & Social
6 Sat Ladies of Valhall
11 Thu Genealogy Group
13 Sat Rosemaling
26-28 So. Cal. Kretsstevne

OCTOBER

4 Sat Ladies of Valhall
6 Mon Business meeting & Corp.
meeting
9 Thur Genealogy Group
11 Sat Rosemaling
18 Sat Social—Heritage dinner
21 Tue Board Meeting
25 Sat Rosemaling



Next newsletter is the
September issue.

Deadline for the
September
Valhall Viking is
August 15

E-Mail articles to:
valhallnews@san.rr.com

