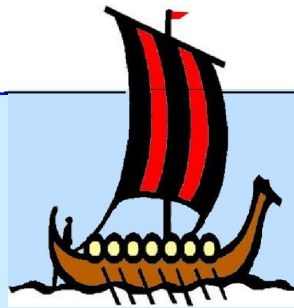


Valhall



Viking

February 2009

Phone: 619/469-9779

Number 1

1912—2009



**VALHALL
LODGE**

Meetings at 7:30 pm
first Monday of the month
at the
**East San Diego
Masonic Temple
7849 Tommy Drive
San Diego, CA
92119-1799**

www.lodgeofvalhall.com
www.sofn.com

**Next Business
Meeting:
Feb 2**

**Newsletter
deadline:
Feb. 15, 2009**

**February Social
Lutfisk Dinner
Feb. 21**

Beskjed Fra Presidenten – A New Year!

We did not have a January Newsletter, so let me start the February one with wishing you all a Happy New Year! I spent the New Year week in the hospital with an infection in my finger, but I'm home now and on the mend, so if you see me with a funny contraption on my hand or arm, it is just material to help my finger mend!

It is with a sad heart that we start the New Year learning of the passing of our former President Jerry Oen. Jerry was not only a good President, but also a good friend to many! He was very active in our lodge for the short time he was a member. I will miss his warm smile, good humor and words of wisdom.

During our last business meeting in November, I was honored to announce 40 Year, 25 Year and 10 Year Membership Awards for several members and present pins to those who attended the meeting. Awarding these pins to individuals for the many years of service to the lodge is one of the many duties that make the President's position so rewarding! I look forward to awarding more Membership Pins this year!

The Christmas Pot-Luck was absolutely wonderful, with so much food that I stopped trying to taste some of everything after my third helping. I just could not fit everything on my plate. Well done to Ellen Spitzer and her committee for organizing this great event.

The Installation and Dinner on Jan 17th was a grand affair with Valhall, Norge and Vinland lodges all being installed on the same evening. Our District Six President, Janie Kelly, was the Installing Officer and she conducted a wonderful ceremony dressed in a beautiful Bunad. Ola and Karin Brevig, also dressed in their lovely bunads, did us the honor of escorting the candidates as the Marshals and Ellen Holk made beautiful music as our Musician.

Tusen Takk to Everett and Jean Shogren and their crew for the wonderfully delicious BBQ dinner. It was not only good, but there was plenty of food for seconds and even thirds.

It looks like we finally have a full Board of Directors with Duke Johnson volunteering to be the Vice President and Helga Moore graciously continuing as our Counselor. We will have a very busy year and need all the help the lodge members can provide to make this a successful and fun lodge.

Our next business meeting is on February 2nd and I look forward to seeing you there!

Hilsen, *Rick Hausvik*

Valhall Lodge No. 6-025 Sons of Norway
East San Diego Masonic Temple
7849 Tommy Drive, San Diego, CA 92119

ANNUAL LUTEFISK DINNER

Saturday, February 21



Continuous Serving From 4 PM to 7 PM
Bar opens at 3:30 PM

MENU

Lutefisk and/or Meatballs
Norwegian Boiled Potatoes
Vegetables
Rye Bread and Lefse
Coffee Tea Dessert

Adults: \$20.00 (pre-reservation)
\$22.00 (at the door)

Members children/grandchildren 15 & under—FREE!

Deadline for Reservations: February 17

Mail to:

Loreen Cook, 5027 Bluff Pl., El Cajon, Ca 92020
Email: cooksare@yahoo.com Phone: 619-672-8600



SON Scholarships



Don't miss the application deadlines!

Scholarship and grant season for the **Sons of Norway Foundation** is currently underway.

The Foundation offers five scholarship categories and awards over 25 scholarships annually. Scholarship amounts range from \$1,000 to \$10,000, depending on the field of study. Three grant categories are offered, with 70 grants awarded annually

Scholarships are available to Sons of Norway members and their children and grandchildren.

See page 11 of this newsletter for more information on some of the scholarships.

Check out www.sonsofnorway.com/foundation for information and to download applications. Don't miss the deadlines:

March 1-

- Cates /Beinhauer Scholarship,
- King Olav V Norwegian American Scholarship
- Oslo Summer School Scholarship,
- Tronvold Folk High School Scholarship

April 1 -

- Helping Hands to Children Grant
- Nancy Lorraine Jensen Scholarship

Love That Lutefisk?

You can buy some to take home! Please call and order from Loreen Cook, our new social chairman. She will need to get your order right away, so get in touch with her soon.

Lutefisk will cost \$7.00 a lb

.Loreen Cook cooksare@yahoo.com 619-672-8600

Lodge Officers for 2009

| | | |
|-----------------------|-------------------|--------------|
| President | Rick Hausvik | 619-579-5447 |
| Vice-President | Duke Johnson | 858-459-8818 |
| Counselor | Helga Moore | 619-298-0390 |
| Secretary | Amelia Seeto | 858-712-6876 |
| Assist. Secretary | Judith Johnson | 858-459-8818 |
| Financial Secretary | Aprill Waymire | 619-276-3809 |
| Treasurer | Don Lesney | 619-465-3686 |
| Social Director | Loreen Cook | 619-588-4170 |
| Asst. Soc. Dir. | LaVonne Coover | 619-264-9486 |
| Cultural Director | Sven Olsen | 760-735-6171 |
| | Joyce Olsen | 760-735-6171 |
| | Ingrid Lindgren | 858-277-3376 |
| | Lou Coover | 619-264-9486 |
| Marshal | Don Balmer | 619-466-2179 |
| Asst. Marshal | Ron Thomas | 619-749-9967 |
| Greeter | Lou Coover | 619-264-9486 |
| Greeter | Raymond Johnsen | 858-459-5430 |
| Historian | Jim Wolner | 619-692-9584 |
| Librarian | Kay Wolner | 619-692-9584 |
| Musician | Joyce Olsen | 760-735-6171 |
| | Ragnhild Amble | 619-465-7425 |
| Editor | Arlene LaBree | 858-271-8709 |
| Circulation Editors | Dean Seiler | 858-455-6798 |
| Foundation Director | Charles Gorder | 619-287-3559 |
| Publicity Director | Judy Sawyer | 619-583-0859 |
| Trustee (1 years) | Chris Hausvik | 619-890-5447 |
| Trustee (2 years) | Everett Shogren | 619-287-6056 |
| Trustee (3 years) | Ola Brevig | 858-756-1167 |
| Youth Director | Ellen Spitzer | 619-444-9077 |
| Sports Director | Neal Cook | 619-588-4170 |
| Auditors | Allen Johannesen | 858-452-1797 |
| | Thelma Johannesen | 858-452-1797 |
| | Reg Becker | 619-562-4403 |
| Corporation Directors | | |
| | Don Lesney | 619-465-3686 |
| | Sigurd Stautland | 619-299-9237 |
| | Aprill Waymire | 619-276-3809 |
| Corporation Officers | | |
| President | Ola Brevig | 858-756-1167 |
| Vice President | Allen Johannesen | 858-452-1797 |
| Secretary | Everett Shogren | 619-287-6056 |
| Treasurer | | |



Congratulerer Med Dagen!



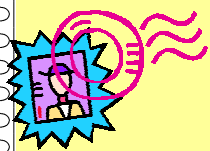
FEBRUARY BIRTHDAYS

- 3 Dagny Benevides
- 3 Anne K. Hoidal
- 6 Sue Fouquette
- 7 AnneMarie Ebeling
- 7 Mari Rem
- 10 Donald Bigler
- 10 Sven Olsen
- 11 Martha Larsen
- 13 Dianne Clark
- 13 Margit Mena
- 14 Lizzie Riiber
- 15 Virginia Amundson
- 16 James Adams
- 18 Karsten Kvitli
- 19 Solveig Jorgensen
- 21 Bernt Erik Nilsen
- 22 Duane Haugen
- 27 Vicky Cleveland
- 28 Lewis Johnson
- 29 Walter Springer

TUBFRIM

Save stamps for TUBFRIM
Cut cancelled stamps off envelopes
leaving
1/4 to 1/2 inch
around the edges.

Deliver stamps
to any lodge meeting.
Ellie Balmer,
Tubfrim
Chairman



Change of Address

Joyce Oen
16379 Roca Drive
San Diego, CA 92128
858-217-6229
joyceoen@yahoo.com

Sons of Norway Mission Statement



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

*In Special
Recognition of*

**Fifty Years of
Membership,**

*Sons of Norway
Awards Certificate of
Appreciation
to the following mem-
ber for their long and
faithful service:*

**Hagbart
Larsen**

Congratulations to
you!



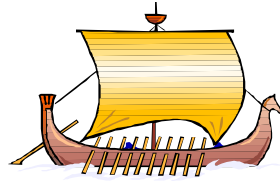
IN MEMORY ESTHER DYER

It is with great sadness that I share with you the passing of Esther Dyer.

Esther passed away at the age of 97 on Thanksgiving Day. Esther was a Life Member of Sons of Norway and Valhall Lodge having joined in 1967 and was a member for 41 years. Esther was also a member of House of Norway. Esther was a long and faithful member, energetic and good-hearted, and she will be greatly missed.

Our sincere condolences to her family and many

Ladies of Valhall LOV notes..



Next meeting: February 7, 2009 at 9 a.m. at Denny's Restaurant in Fletcher Hills

Hostesses: Rosalie Olson and Jean Shogren

Our meeting was opened by outgoing president Ingrid Lindgren. Ingrid introduced the new board for 2009. The new board members are:

President- Susan Cody

Vice-President- Lorraine Tucker (incumbent)

Secretary- Arnette Scherl

Treasurer- Millie Wright (incumbent)

Ingrid then turned the meeting over to Susan Cody. LOV's deepest thanks are extended to Ingrid, and to Joyce Oen, outgoing board members, for their dedication and hard work, and to Lorraine and Millie for their past, and ongoing service. Joyce was not present due to Jerry's recent death, and we had a moment of silence for Joyce and her family.

We had reports on the *Lille Butikken* and the Christmas luncheon, both of which were great successes. Our Butikken income was favorable, and luncheon attendees had praise for the venue, the food, and the entertainment. Thanks to Joyce Olsen who, once again, did an outstanding job leading some of our ladies in song.

Thanks to Kay Pepper for a job well done with the children's Christmas bags. We are fortunate to have someone so creative in charge of these goodie bags for the kids.

As for business, there was some work done on the standing rules, and a budget committee has been established to make recommendations for the coming year. We are looking at having a couple of day trips this year, more information will be forthcoming as it is collected.

I want to thank everyone for all their hard work over the past year, and I hope that we can make 2009 a year of friendship and growth.

LOV president, Susan Cody

*In Special Recognition
Of
Golden Membership
Sons of Norway Awards
Certificates of Appreciation
to the following members for their
long and faithful
service*

Golden Membership
*Andreas P. Christensen
Janice C. Christensen*

Congratulations to all of you!

*Valhall Lodge 6-025 –
Sons of Norway*

SERVICES DIRECTORY

Financial Benefits Counselor

Pat Kelly
(818) 986-7199
amlives@aol.com

Language Instructor

Erling Nyhammer
(619) 448-4217

Telephone Committee

Helen Seiler
(858) 453-3175

Sunshine Committee:

Chairperson, LaVonne Coover
(619) 264-9486

Blood Bank Representative

LaVonne Coover
(619) 264-9486

Video Presentations:

Needed: Volunteer to present videos
before business meetings. Contact Pres



Minutes of the Valhall Lodge Business Meeting December 1, 2008

Vice President Rick Hausvik called the meeting to order at 7:35 PM.

The Charter was draped in memory of Esther Dyer, a Sons of Norway Life Member and a Member of Valhall Lodge since 1967. Esther was a long and faithful member and she will be greatly missed. Esther was also a member of House of Norway and a W.W.II veteran. Services will take place at Ft. Rosecrans.

The following guests and visitors were introduced:
Ellen Holk's daughter Lora Lee from Mount Horeb, Wisconsin and Anne Hoidal's sister Elsa Klovnese from Northern Norway.

Welcome Ceremony – The following new members were presented their welcome packets and officially welcomed into Valhall Lodge and the Sons of Norway: Leslie Chomicz and Mary Kay and Rodney Olsen.

November Business Meeting Minutes, which were printed in the December 2008 Valhall Viking, were approved unanimously.

Correspondence – Secretary Amelia Seeto read an e-mail from Nancy Madsen regarding the updating of the Lodge Officer Update 2009; a clipboard is circulating with Lodge Officer information. If you have been elected to serve as a Board Member in 2009, please find your position on the form and ensure your information is correct or complete it. Please ensure your Sons of Norway Member Number is included or e-mail Secretary Seeto with your Member Number. If you do not have the necessary information at this time, please e-mail it to Secretary Seeto at [ameli-](mailto:ameli-aseeto@hotmail.com)

aseeto@hotmail.com.

Committee Reports

Social – Judy Sawyer reported that the November Social Committee served a very successful Salmon Dinner with over 125 people at both seatings. The experiment of serving people at their table went very well. Evelyn Spitzer is in charge of December's Christmas Party/Potluck and the children's activities.

Cultural – Sven Olsen reported that the Staughton Dancers will be in the San Diego area on the 30th and 31st of March 2009. They will do one performance. The dancers will require lodging; so any lodge members that can have two or more high school students spend the night in their home should contact Sven Olsen.

Foundation – Charles Gorder reminded the lodge that donations made through the end of December to the Sons of Norway Foundation are tax deductible. Please see Chuck if you have any questions.

Historian/Librarian – Lorraine Tucker reported that tonight was the last time she would be opening the library. She reminded all that any members interested in genealogy should look in the Ellis Island books.

Sunshine/Blood Bank – LaVonne Coover requested that whenever a lodge member learns of another member being ill, hospitalized or otherwise in need of a little "sunshine" to please let LaVonne know so she can send a card. In November Sunshine Committee Chair Coover sent a Thinking of You card to Marlene Lesney and Shirley Thomas and a Get Well Card was sent to Sig Staut-

land. A special birthday card was sent to Margaret Bly on her 105th birthday; The San Diego Union Tribune Thanksgiving Day edition had a very nice photo of Margaret in their article about giving thanks. LaVonne suggested that if you have never donated blood before, to please consider doing so. If you are a regular donor, thank you for supporting the blood bank on behalf of the Sons of Norway – Valhall. Keep up the good work.

Publicity – Jean Shogren continues to submit photos to the District 6 Publicity Chair for publications in the Viking Magazine. She thanked everyone for their support and help in identifying people in photographs. She has placed a number of photos taken while Publicity Director for Valhall Lodge on poster board in the dining room for all to take a look at and enjoy.

Youth – Ellen Spitzer reported that planning is well underway for the Christmas Party and Potluck. She reminded everyone to bring their children and grandchildren and to wear their bunads.

Corporation – Ola Brevig reported that the next Corporation meeting will be on Monday, February 2, 2009 at 7:00 PM prior to our regular February Business Meeting.

International – Helga Moore announced that Vice President Hausvik provided her with the Expense and Income Summary and the lodge did make money. She is planning a follow up meeting and party for Saturday, January 10.

Continued next page >>>



Minutes of the Valhall Lodge Board Meeting December 1, 2008

Unfinished Business

None

New Business

ion theatre Donation – The membership voted on and unanimously passed the Board’s recommendation of a donation of \$100 to the ion theatre in support of their “ion’s intimate ibsen” series of readings.

Helga Moore motioned that \$1022 (\$22 from the Pass the Piggy campaign) be donated to the Sons of Norway Foundation. Ola Brevig seconded. The motion was passed unanimously.

Financial Reports

Financial Reports: Aprell Waymire gave her report.

Remarks for the Good of the Order

Vice President Rick Hausvik Awarded Membership Certificates and Pins as follows:
40 year certificates and pins to Dagny Benavides, 25 year certificates and pins to Robert Legar and Laurel Tucker-Litchfield (Lorraine Tucker accepted on behalf of Laurel as she currently resides in New Zealand), and ten year certificates and pins to Susan Cody, Lizzie Riiber, Millie Wright and Aprell Waymire.

Ola Brevig announced that the money the lodge made from the 2008 International Convention was thanks to Helga Moore’s leadership and running of a tight ship.

Lora Lee announced that her home lodge Vennelag in Mount Horeb, Wisconsin is very close to Staughton, Wisconsin where the Staughton Dancers are from. Lora has met

some of the dancers and their parents and even worked on some of the costumes. She requested permission to bring greetings from Valhall Lodge to Vennelag Lodge at their upcoming Christmas Party.

Karin Brevig announced that while she and Ola were cruising the South Pacific they met Laurel Tucker-Litchfield in New Zealand and had a lovely visit with her and bring greetings from Laurel to Valhall Lodge.

The next Social is the Christmas Party Potluck: Saturday, December 20, 2008.

The next meeting is the Combined Dinner/Installation Ceremony for Norge Lodge, Valhall Lodge and Vinland Lodge on Sat., Jan. 17, 2009 at 5:30 PM

The next Board meeting (former and newly installed board members) is Tues., Jan. 20, 2009 at 7:00 PM.

The next Valhall Business meeting is Monday, February 2, 2009 at 7:30 PM.

Vice President Rick Hausvik adjourned the meeting at 8:50 PM.

54 members present.

Respectfully submitted,
Amelia Seeto, Secretary



Happy Valentines Day!

Valhall Gets Smart

The new Board of Directors will be working on the lodge’s SMART (Specific, Measurable, Agreed-upon, Realistic and Timely) goals for 2009. These goals are used to help us contend for Lodge Of The Year, which we all know we deserve every year anyway.

The smart goals include such topics as Membership, Cultural activities, Cultural skills, Youth activities, Adopt-a-school, SON Foundation, Scholarships, Increasing financial products/Insurance participation and Community outreach/Involvement/Awareness.

If you have experience or want to help us with any of these goals, please contact me or any of your board members. It takes the entire lodge to make this program work!

SON Medicare Help

We might be able to save you some money or improve your Medicare Supplement policy with what Sons of Norway has to offer.

We partner with several large Medicare Supplement carriers that have very reasonable rates.

Call our Financial Benefits Counselor, Pat Kelly, to see if he can save you some money. It’s FREE and there’s no obligation. Call today!!

Pat Kelly (818) 986-7199

SON Foundation Scholarships



The Sons of Norway Foundation awards scholarships and grants to promote the heritage and culture of Norway, and provide assistance to our members, lodges and their communities.”

Mission Statement

The following scholarships are available to Sons of Norway members and their children and grandchildren. The deadline for applying is fast approaching; all scholarship applications must be postmarked by March 1, 2009 and Sons of Norway Foundation does not accept applications via fax. For eligibility requirements, information on applying for these scholarships and applications please go to the Sons of Norway website (www.sofn.com), click on **Foundation** and select **Scholarships** from the drop-down menu.

King Olav V Norwegian-American Heritage Fund

HRM, King Olav V of Norway allows the Sons of Norway Foundation to use his name in establishing a fund to promote cultural exchange between Norway and North America. The fund welcomes applications from Americans, 18 years or older, with a plan of studies to focus on exploring his/her interest in Norwegian heritage or in modern Norway at an institution of higher learning. The fund also welcomes Norwegians, 18 and older, who desire to further their studies in North American culture at an institution of higher learning.



Astrid G. Cates/Myrtle Beinhauer Fund

Astrid G. Cates and Dr. Myrtle Beinhauer remembered Sons of Norway Youth with special bequests through their estates to the Sons of Norway Foundation. We invite applicants enrolling in post-secondary training or education including trade school, vocational school or college and must be current Sons of Norway members, children or grandchildren of current Sons of Norway members

Nancy Lorraine Jensen Memorial Scholarship Fund

Dr. and Mrs. Arthur S. Jensen established this fund in memory of their remarkable daughter, Nancy Lorraine Jensen, an aerospace engineer/chemist at NASA, who died unexpectedly at age 35. The fund encourages female American citizens between 17 and 35 to apply for financial assistance for programs in chemistry or physics, or in chemical, electrical or mechanical engineering. The candidate, or parent/grandparent of the candidate, must be a current member of Sons of Norway or employed at the NASA Goddard Space Flight Center in Greenbelt, Maryland.



Scholarship to Oslo International Summer School

The Sons of Norway Foundation offers one scholarship each year for a student to attend the Oslo International Summer School. Visit The University of Oslo to learn more on the program.

Helen Tronvold Norwegian Folk High School Scholarship

The Sons of Norway Foundation Helen Tronvold Norwegian Folk High School Scholarship, established in 2005, supports the Sons of Norway Foundation's goal of providing cross-cultural experiences for youth.



Valhall's International Convention

Final Message from the International Convention Chair It's been five months since the International Convention took place and we have finally tied up the loose ends.

Thanks to the hard work of all the committee members and the entire Valhall Lodge, we can look back at a very successful convention. We also raised about \$ 22,000.- for the lodge. We were hoping to break even, but due to the Committee Chairs success in staying within budget and being able to meet the requirement for hotel reservations, we were generously rewarded for our efforts.

However, this result would not have been possible without the support of and cooperation with International Headquarter, CEO John Lund and past International President Ted Fosberg. It was truly a team effort.

At the January Board meeting, the Board voted to recommend to the Lodge that we donate \$5,000.- to the Sons of Norway Foundation. You may recall that we already gave \$1,000.- in December.

The International Convention Committee had its last meeting on January 24 and is now history.

Again, I want to extend my thanks to everyone who had a part in making this happen. A special thank you to my co-chairs; Karin and Ola Brevig and all the Committee chairpersons and their committee members.

We did put Valhall Lodge # 6-025 on the map big time!

Vennlig hilsen,
Helga S. Moore



Just for Fun

'Twas the month after Christmas, & all through the house
Nothing would fit, not even a blouse.
The cookies I'd nibbled, the eggnog I'd taste
At the holiday parties had gone to my waist.

When I got on the scales there arose such a number!
When I walked to the store (less a walk than a lumber).
I'd remember the marvelous meals I prepared;
The gravies and sauces and beef nicely rared,
The wine and the rumballs, the bread and the cheese
And the way I never said "No thank you, please".

As I dressed myself in my husband's old shirt
And prepared once again to battle with dirt--
I said to myself, as I only can, "You can't spend a winter
disguised as a man!"

So-away with the last of the sour cream dip,
Get rid of the fruit cake, every cracker and chip
Every last bit of food that I like must be banished
"Till all the additional ounces have vanished.

I won't have a cookie-not even a lick
I'll want only to chew on a long celery stick.
I won't have hot biscuits, or corn bread, or pie.
I'll munch on a carrot and quietly cry.

I'm hungry, I'm lonesome, and life is a bore--
But isn't that what January is for?

Unable to giggle, no longer a riot.

Happy New Year to all and to all a good diet!

Submitted by Lorraine Tucker. Thanks Lorraine

Valhall Cultural Classes

Woodcarving

The woodcarving group meets on every Tuesday of the month, from 9am to Noon. The class is being held at the *House of Norway* in Balboa Park. Everyone is welcome to join the group and enjoy conversation and carving.

Call Lou Coover before coming for time verification and more information at 619-264-9486.

Rosemaling Classes

Informal *rosemaling* classes meet on the 2nd and 4th Saturdays of the month. Call Carmen for location information. Come visit and learn about rosemaling and have fun learning how to *rosemal*. Classes are free for SON members, \$5 for non-members. No prior experience necessary. Everyone is welcome.

Contact instructor Carmen Cleary for more information at 619-442-0064.

Norwegian Classes

If you would like to learn how to speak Norwegian—classes are taught by instructor Erling Nyhammer. Classes are held at Our Savior's Lutheran Church in North Park.

For more information, call Erling Nyhammer at 619-448-4217 or email at Enyhammer@cox.net Valhall's

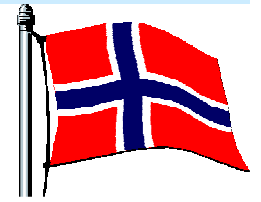
Valhall's New Cultural Committee Needs Members

At the November 8, 2009 Board Meeting a Cultural Committee was established. The Charter Committee members are Sven Olsen, Joyce Olsen, Ingrid Lindgren, and Lou Coover. If you want your two cents heard when it comes to programs at our socials and meetings, now is your chance! Give Sven a call at 760-735-6171 and let him know...there's always room for one more.

If you don't want to be on the committee, but you have an idea, give one of the committee members a call and tell them your suggestions.

Norwegian Genealogy

Next meeting February 12, 2009—Thursday



As most of you know by now, our leader Jerry Oen passed away on January 2, 2009. I am happy to report the Norwegian Genealogy Cultural Group he started two years ago will continue. He will be greatly missed by all of us in the group. I personally considered him my Norwegian Genealogy mentor. With his guidance I have been able to trace so much more about my ancestors beyond names, dates and where they lived.

Jerry and I often laughed about my statement back in 2000 when I said "My mother completed my Norwegian lineage." Boy did I have a lot to learn about genealogy research!

Those present at the January meeting decided they would like to see the group continue, but use a more informal format for the time being. The emphases will be put on individual problem solving and encouraging each other in our research for family roots.

We will continue to meet on the second Thursday of each month (except July and December) at the Family History Center, 4195 Camino Del Rio South, from 11:00 a.m. to 1:00 p.m. I have agreed to send out the monthly Valhall Viking and email reminders.

Jack Thompson will discuss "Sources for Farm Books (Bygdeboker) at the February meeting. He will also provide a list of available related web sites. Everyone interested in Norwegian Genealogy is welcome to attend our meetings. For more information or to be added to our mailing list, please contact, Dale Roybal at tdroybal7@aol.com or call 858-278-7521.



JUROLF (JERRY) OEN

Jurolf (Jerry) Arthur Oen, a longtime resident of San Diego, passed away at home surrounded by family on January 2, 2009, after valiantly battling brain cancer for several months. He was 77 years old.

Jerry had a successful 45 year career as an engineer, and following his retirement became very active in the San Diego volunteer community. A son of Norwegian immigrants, Jerry maintained a passionate interest in his heritage. He had served as President of the Computer Genealogy Society of San Diego, and at the time of his passing was the President of the Sons of Norway Valhall Lodge.

Jerry was a long and faithful member of Sons of Norway Valhall Lodge having joined in 2000. Jerry was a very active member in Valhall lodge, having been our lodge President, Vice President, Corporation Treasurer, International Convention Treasurer and our Genealogy instructor.

Ted Fosberg, International President of Sons of Norway, writes “ I feel fortunate to have gotten to know Jerry starting with installation of Valhall's officers in January 2007 and as a member of the Convention Committee. He indeed was a contributor to Sons of Norway in so many ways. Jerry Oen will be sorely missed.”

Jerry had a great passion for genealogy and he enjoyed helping others with learning more about their ancestry. Jerry met and married his wife, Joyce, over 44 years ago. They had three children, Jeff (Susan), Jennifer Earl (Harley) and Jason (K'Lene), and have been blessed with three grandchildren, Kyle, Kelsey and Sophia. Jerry loved spending time with his family and all his Valhall friends and the Sons of Norway community. Our hearts go out to Joyce and her family for their loss. Jerry will be greatly missed by all of us in Sons of Norway, Valhall lodge and by all those his life touched.

Submitted by Aprell Waymire



Jerry Oen, Valhall President



Jerry Oen and Ted Fosberg at Valhall Installation Dinner

Sons of Norway Spring Musical Events

Piano Concert at Calvary Lutheran Church

Friday, February 20th

6:30 pm

424 Via de la Valle

Solana Beach, CA 92075

We are thrilled to announce a concert of "Norsk Romantikk", a magical mid-winter evening warmed by the music of Norway's most important 19th & 20th century composers: Geirr Tveitt, Harald Sæverud, David Monrad Johansen and, of course, Edvard Grieg performed by Norwegian pianist Knut Erik Jensen..

For more information please contact Sven Olsen at 760-735-6171.
(Donations of hors d oeuvres and cookies from members are needed; please contact Helen Seiler 858-453-3175 to make arrangements.)

San Diego Mannskor with Soprano Thelma Johannesen

Sunday, March 22, 2009

2:00 PM

Veterans Museum and Memorial Center

2115 Park Blvd.

San Diego, CA 92101

Stoughton Norwegian Dancers 2009 Spring Tour

Tuesday, March 31, 2009

Our Savior Lutheran Church

4011 Ohio St

San Diego, CA 92104

6:00 PM Student Dinner

7:00 PM Program followed by refreshments

The Stoughton Norwegian Dancers is a group made up of Stoughton High School students who perform various, authentic Scandinavian dances. The group began in 1953, performing for their home community at Syttende Mai. Today, they share their talents all across the United States, entertaining young and old and leaving all with a warm appreciation for their Norwegian heritage. Don't miss this group on their return to San Diego.

In addition to needing your support at their performance(s), the students will require housing for one night and breakfast the following morning. Please contact Sven Olsen to volunteer your home if you have room for a minimum of two students.

Back By Popular Demand!

SKRUK choir from Aalesund, Norway

June 26, 2009

will be giving a concert in San Diego.

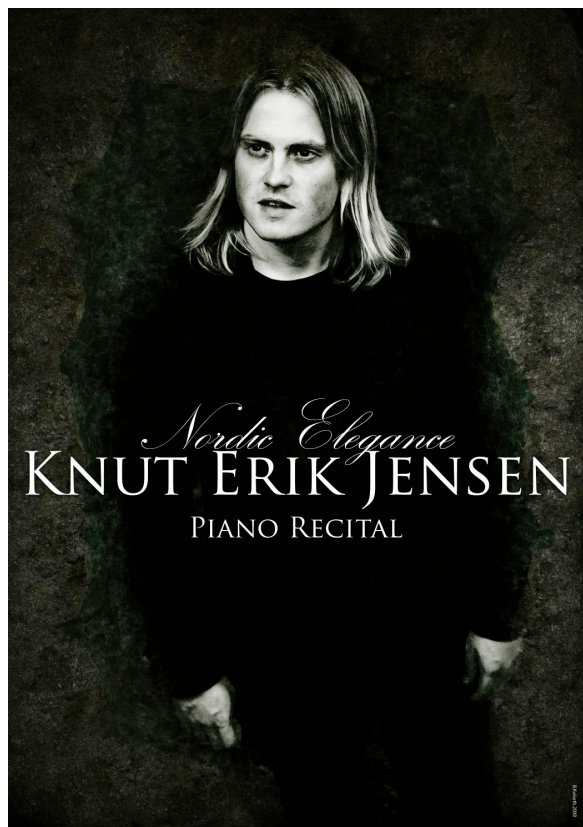
Time: to be determined

St. Mark's United Methodist Church

3502 Clairemont Dr

San Diego, CA 92117

"NORDIC ELEGANCE"



Piano Concert

by

**Knut Erik Jensen
Trondheim, Norway**

**Friday, February 20,
7:30PM**

At

**Calvary Lutheran Church
424 Via De La Valle
Solana Beach**

Free Will Donation

Reception to follow concert

**Sponsored by Sons of Norway, Valhall Lodge
House of Norway, The Norwegian Federation,
Calvary Lutheran Church**

Ample parking as well as handicap parking is available behind the church.

**For information contact Sven Olsen
760-735-6171 or email svenio@sbcglobal.net**

HJERTLIG VELKOMMEN! A HEARTY WELCOME

**FORTY NINTH
ROSEMALING SEMINAR AT CAMP NORGE
April 25/26, 2009**

It is time to make your reservations for the adult (18 years and over) spring Rosemaling Seminar at Camp Norge. We will have three classes. The teachers are Julie Anne Droivold, Kay White, and Cheryl Seath. We will be using the firehouse for classes.

We will be painting on a beautiful ten inch clock. Julie Anne is teaching a Hallingdahl pattern with a red/orange background. . Kay is teaching a Valdres style on a greenish/blue background with red trim. Cheryl Seath will be teaching the beginner's class using a Telemark Red Embroidery (with gold accents) on a black background. Look on the Camp Norge Website for pictures of all three projects: www.Campnorge.com.

Please make your room reservation with me. You will pay for your room when you arrive at Camp. It is not included in your class fee. Bring your current membership card. Members pay \$15 per night; guests pay \$20 for dorms, plus 8% Placer County Occupancy Tax. Only members are allowed to stay in the main house and the cozy cabins. For people who want to room together, I need to receive the list of names with the first reservation. RV's are encouraged as we have a limited number of beds. Members pay \$20 per night for up to four people per RV. Guests pay \$25 per night for RV's. We have electrical and water, but no sewer hookups. Tents are \$15 for up to four people for members, \$18 for non members. Pets are \$2 per night. Pets are not allowed in any of the buildings, pool area or sleeping rooms at any time.

Please include your full phone number, address and lodge name and number when registering. If you have e-mail, please include your e-mail address. It is so much faster and cheaper if I need to talk to you. As soon as the supply lists are available from the teachers, I will send them as I receive your registration form and check. **ABSOLUTELY NO E-MAIL RESERVATION REQUESTS.** I need the check and registration form together. Be sure to send a self addressed stamped envelope for your supply list and class confirmation information if you do not have e-mail. *I will not be sending you a supply list unless you send me a self-addressed, stamped envelope or your e-mail address with your registration form.*

The cost of the seminar will be \$80 for registration which includes the class and wood piece all base coated and ready to go, the fire hall rent and clean up, and the meals. There will be \$25 cancellation fee for any cancellations, but absolutely no cancellations after April 5th. Registration fees (less cancellation fee) can be refunded if you have to cancel up to April 5 if there is someone on the waiting list who wants your space. It is difficult for people on the waiting list to take your place if they do not have at least three weeks to make their plans. Melanie Souza will again do our cooking. The cost for food for the weekend is included in the \$80 registration fee. The food includes breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday. We will ask just one class to bring cookies, and will rotate those classes each time. The information will be in your supply list letter.

My e-mail address is pennyjknudsen@sbcglobal.net. My phone number is (916) 941-6433. Please complete the following registration form, make your check payable to Penny (not Camp Norge) and return as soon as possible with your stamped, self-addressed envelope for supply list if you do not wish to receive it by e-mail,

Penny Joseph Knudsen, 3774 Park Drive, El Dorado Hills, California 95762

APRIL 25/26, 2009 ROSEMALING SEMINAR REGISTRATION FORM

Name _____ Phone (____) _____ I need a room reservation: Yes____ No _____

Address _____ e-mail address _____ I want to room with: _____

City _____ Zip _____ Name of Lodge _____

Class I want is: Julie Anne _____ Cheryl _____ Kay _____ I am bringing my RV _____

I am enclosing \$80 for registration fee for food and class. I am bringing my tent _____

My spouse and/or family will be eating with us and I enclose \$30 for each _____



**"Valentine's Day
February 14th, 2009**



**You are invited to Norge Lodge
Ole and Lena Love Story**

A program of Norwegian-American humor with
Chef Stein Amland's wonderful Salmon Dinner

Featuring the
UFF DA PLAYERS

You'll laugh. You'll groan. You betcha!

Menu

Fish Soup
Salmon
Boiled Potatoes
Vegetables & Bread
Wine, Coffee
Dessert

Members: \$18
Guests: \$22
Teens: \$8
Children free

Deadline February 6th—add \$4 after deadline
Social Hour at 5pm, Dinner at 6pm
Uff Da Players at 7pm

Mail check payable to Norge Lodge, and send to:
Brenda Miller
P.O. Box 5572
Oceanside, CA 92052

Questions? Call Bob Gjerde
760-734-3678

Norwegian Experience 2009

****Recruit New Members and Win Big in 2009****

From January 1 through December 31, 2009, members who recruit new, dues-paying Sons of Norway members will be entered into the drawing to win a new Norwegian Experience of a lifetime for two. This year's Norwegian Experience will be an exclusive Fred Olsen cruise for two, with day excursions,

and a two-day stay in Oslo for some sightseeing. As in previous years, this trip of a lifetime includes business class international air travel, deluxe accommodations, and U.S. \$500 in spending money!

Just imagine spending 10 days cruising up and down the Norwegian coastline, experiencing the breath-taking views and having the opportunity to go on any number of day excursions, like flightseeing by seaplane, or visiting the renowned Fjord Center. There are options for everyone no matter what you like to do! Last, but not least, for those of you who recruited new dues paying members in 2008, we will be drawing the winning name of the 2008 Norwegian Experience in January, so keep an eye out for the coming announcement of the winner for 2008!

Entering the contest is easy:

- Recruiters must be current members of Sons of Norway to be eligible to participate and to win.
- For each dues paying member recruited, the recruiter's name will be automatically entered into the drawing to win a Norwegian Experience.
- Dues paying Unge Venner, or members who have lapsed two or more years and individuals who have never been members are all eligible candidates for membership and will qualify the recruiter for the contest.
- Heritage members, dues exempt (family) Unge Venner and members who have lapsed less than two years will not qualify for an entry.

There is no limit to the number of entries allowed, so tell your members that they can recruit as many new members as possible to increase their chances of winning! Membership applications for the new members, with the recruiter's member number indicated, must be received at the Sons of Norway Headquarters by 12/31/09 to qualify for an entry.

Sons of Norway employees, board members, consultants and their families are not eligible for entry into this contest.

Valhall Viking

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Arlene LaBree, Editor
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Circulation Editor
Dean Seiler

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Valhall Viking FEBRUARY 2009

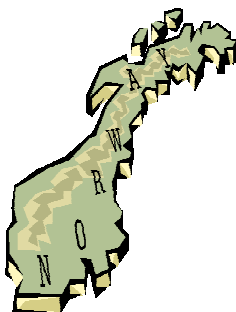
CALENDAR

FEBRUARY

2 Mon Business Meeting
7 Sat LOV
9 Tue Woodcarving
12 Thu Genealogy
14 Sat Rosmailing
21 Sat Social—Lutefisk Dinner
28 Sat Rosmailing

MARCH

2 Mon Business Meeting
7 Sat LOV
9 Tue Woodcarving
12 Thu Genealogy
14 Sat Rosmailing
21 Sat Social—Lutefisk Dinner
28 Sat Rosmailing



**February is Norwegian
Sweater Month!**

Next newsletter is the
March issue.

Deadline for the
March
Valhall Viking is
February 15

E-Mail articles to:
valhallnews@san.rr.com

